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## Walk, at your own risk

If you read Stephen King's IT, you'll hate it. Or love it. Hammonds Plains hosting Haunted Hollow walk **PAGE 17**

## 'YOU MUST NOW PAY THE PRICE'

TREVOR ZINCK GETS JAIL TIME FOR ROLE IN MLA EXPENSE SCANDAL **PAGE 4**



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## FIGHTING GRIME

Window cleaner Mitch Logan washes the windows of Young Tower in Halifax dressed as Spiderman on Wednesday afternoon. Logan, who will be back working in costume on Thursday, said he was dressed up as Spiderman for charity, but wouldn't divulge specifics.

JEFF HARPER/METRO

# Hey Grits, how 'bout a day off?

**Breaking up winter blues.** MLA's campaign for a February long weekend could finally come to fruition

Forget power rates, gas-price regulation, tax relief or re-vamping the education system.

The Liberal election promise that seems to have everyone talking — early on, at least — is a much-debated holiday.

"If nothing else, tonight's result will eventually bring us a holiday in February," tweeted @lukeyduke on Tuesday evening, one of several social-media users to bring up the long-awaited day off.

The February holiday has been the white whale of Clayton Park West MLA Diana Whalen since 2005. She's introduced a private member's resolution for a new holiday every year since — only to have it rebuffed.

"I've written to each of the

Quoted



"It's good, I think, from the personal point of view to give people a little time with their families and a chance to recharge their batteries."

Liberal MLA Diana Whalen

premiers over that time, each February, saying ... would you look at this," she said by phone on Wednesday. "None of them biting."

Liberal leader and premier-designate Stephen McNeil stopped just shy of promising to make the holiday a reality on Wednesday morning when talking to reporters.

"Obviously we've made a commitment to the people over that," he said. "What that holiday will be called and how we do it, that remains to be seen."

Whalen said the party has promised to consult with small-business owners before launching the new holiday, in order to address concerns

about the loss of revenue from being closed an extra day.

That probably means no new holiday until 2015.

"We've promised to look at other things we might be able to do, particularly in the area of red-tape reduction ... that might be able to assist small business while we bring in this new holiday," she said.

Whalen said the February holiday — which has been adopted by six other provinces — breaks up the long stretch between New Year's Day and Good Friday without any statutory holidays.

RUTH DAVENPORT/METRO

**More election coverage, page 3**

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# Next premier promises he'll stand by his promises

**Review of the books on to-do list.** Stephen McNeil says election platform designed with expectation province's finances aren't balanced



**RUTH DAVENPORT**  
ruth.davenport@metronews.ca

Nova Scotia's premier-in-waiting says he's prepared to find the province's finances not as healthy as believed — but says he will not scale back or abandon any election promises as a result.

"You will not hear those words come from my lips," said Liberal leader and premier-designate Stephen McNeil during a news conference at the provincial legislature Wednesday. "I said that ... I will not make commitments that I cannot deliver on."

McNeil said reviewing the books is on his list of things to do during the transition period over the next few weeks.

The NDP raised the HST by two per cent — breaking an election promise to not raise taxes — shortly after being elected in 2009, claiming it was necessary because of the province's poor finances.

McNeil said he deliberately kept his platform devoid of "large" promises because of



Premier-designate Stephen McNeil talks with reporters in Halifax on Wednesday. ANDREW VAUGHAN/THE CANADIAN PRESS

that cautionary tale.

"I believe we're not in balance. I believe there's been a deficit in this province, I think the revenue projections were extremely optimistic," he said. "I did not want to ... have to turn around and say, 'Things are worse than I thought and I'm not going to keep my commitments.'"

McNeil said he will likely call a fall sitting of the legislature, saying there are several key public policies he wants to begin work on as quickly as possible.

"Breaking the monopoly on Nova Scotia Power is a priority," he said. "We are going to begin a curriculum review ... to look at the public-education system. And reach out to the small-business community ... where I believe we have

## Quoted

**"I said that ... I will not make commitments that I cannot deliver on."**

Premier-designate Stephen McNeil

the potential to move this economy forward."

McNeil named his transition committee Wednesday, chaired by GrowthWorks Atlantic president and CEO Thomas Hayes — also the chief of staff for former premier Russell MacLellan.

Over the next few weeks, he'll also review the ranks of senior civil servants and select his cabinet from a sizeable roster of veteran and rookie MLAs.

## Picking up the pieces

**NDP will await word from Dexter on leadership, Corbett says**

A chastened Frank Corbett figures the Nova Scotia NDP party that went down to a crushing defeat on Tuesday will take its cue from former premier Darrell Dexter when it comes to the question of leadership.

Corbett, the deputy premier of that historic first NDP government for Nova Scotia, was re-elected in Cape Breton Centre but watched his party drop from a majority govern-

ment to third-party status.

Dexter's defeat in Cole Harbour-Portland Valley by Liberal

Tony Ince affected Corbett on a personal level.

"When I see Darrell going down to defeat, and having worked side by side with the guy since 1998, it's very tough to swallow," said Corbett. "I understand it, and I'm not bitter and I'm not angry. I'm disillusioned, I guess, in some ways." **CAPE BRETON POST**



**Darrell Dexter**  
THE CANADIAN PRESS

## The people have spoken

Total vote breakdown from Tuesday's election:

- Liberals: 188,843
- NDP: 111,619
- PC: 109,483

## Baillie already 'concerned' about incoming government



**Progressive Conservative Leader Jamie Baillie in Halifax Wednesday.**  
ANDREW VAUGHAN/THE CANADIAN PRESS

The incoming leader of the Opposition is promising "rigorous" checks and balances on the new Liberal government — and Jamie Baillie already sounds skeptical about that government's plans.

"I am concerned that they are not committed to balancing the budget ... they're not committed to giving tax

relief to Nova Scotia families," said the Progressive Conservative party leader Wednesday. "Their policy on power does nothing to stop the increases — in fact, will probably lead to further increases."

The Tories gained just one additional seat in Tuesday's election to increase its total from 10 to 11, but thanks to

the collapse of the governing New Democrats, it was enough to form the official opposition.

Baillie ran on a platform of freezing power rates and eliminating the small-business tax, and praised his party for a "positive and truthful" campaign that saw several candidates put up a strong fight against established incumbents.

bents.

"Our message that we really do have to change the way this province runs, get the economy going, obviously got not only listened to but supported by a whole lot of new Nova Scotians," he said. "So I take up our new job as the official Opposition with great vigour." **RUTH DAVENPORT/METRO**



## Cold case. 37 years later, police aim to give Judy Parks' family closure

Police are turning to the public for information on the murder of Judy Geraldine Parks, to understand what happened to the 14-year-old girl many years ago.

Wednesday marked the 37th anniversary of when police found Parks's body in a wooded area off Highway 103 near Timberlea.

"The goal of this is to solve what happened to Judy but also more so to give closure to the family," said RCMP spokesperson Cpl. Scott MacRae.

Police say Parks had been reported missing by her family on July 11, 1976. She was living on Keating Road in Halifax at the time and was last seen on the evening of July 10.

Although it's been nearly four decades since Parks's death, MacRae said the passage of time presents an opportunity for someone to come forward who didn't want to before.

"Maybe people will have a change of mind or ... some sort of reasoning for now coming



Judy Geraldine Parks  
HANDOUT

forth — and it's better late than never," MacRae said.

The case is also part of the province's reward program, where anyone who submits information leading to the arrest and conviction of the person responsible for Parks' murder could receive up to \$150,000.

Those with information are asked to contact any RCMP office, Halifax Regional Police or Crime Stoppers at 1-800-222-8477. **HALEY RYAN/METRO**

## Windsor Junction. SUV strikes and kills 75-year-old woman

Police are investigating after a 75-year-old woman was struck and killed by an SUV while walking on a road in Windsor Junction on Wednesday morning.

The accident happened just before 8:30 a.m. on Peter Thomas Drive. Police say the 17-year-old female driver of the small SUV was shaken up, but not injured.

RCMP spokesman Cpl. Scott MacRae said their investigation

### Investigation

# 3.5

Peter Thomas Drive was closed for about three and a half hours as a traffic analyst unit assisted police in the investigation.

is pointing to the crest of the hill where the accident happened, along with the sun, as possible factors. **METRO**

## Bedford. Man charged with causing four-vehicle pileup on highway

A 45-year-old Halifax man has been charged with criminal negligence causing bodily harm after a four-vehicle accident on the Bedford Highway last month snarled traffic for hours and sent several people to hospital.

Just before 7 a.m. on Sept. 20, there was a serious accident on the busy stretch of road near Main Avenue, with four men and two women suffering various injuries.

Police say they have finished their investigation and concluded a pickup truck was speeding in the middle lane of the Bedford Highway, lost control and collided with three other vehicles.

The 45-year-old driver of the pickup is charged with criminal negligence causing bodily harm and dangerous operation of motor vehicle causing bodily harm. He is due in Halifax provincial court on Nov. 19. **METRO**



Former MLA Trevor Zinck heads into Nova Scotia Supreme Court on Tuesday prior to his sentencing. **JEFF HARPER/METRO**

# Zinck sentenced to four months in jail

### Punishment.

Judge says ex-MLA for Dartmouth North intentionally defrauded the public



HALEY RYAN  
haley.ryan@metronews.ca

Despite an apology and the defence's argument that Trevor Zinck did not intend to hurt anyone, a Nova Scotia Supreme Court judge has ruled the former politician committed fraud for "personal gain and nothing else."

In court on Wednesday, Justice Glen McDougall handed Zinck two, four-month jail sentences to be served concurrently for his role in the MLA expense scandal.

"You've tarnished the image of all those good people

who have ... stood for elected office," McDougall said in delivering his sentence.

"You have failed your commitments and you must now pay the price."

Zinck pleaded guilty in June to fraud over \$5,000 and breach of trust for accepting about \$9,000 from the Speaker's Office to cover constituency expenses in 2008 and 2009, even though he didn't pay those owed money.

Before McDougall announced Zinck's sentence, the former Independent MLA for Dartmouth North offered a lengthy apology in court.

In his sentencing, McDougall acknowledged the apology but said he'd not seen much remorse on Zinck's part until then.

The judge said he disagreed with the mitigating factors put forward by Zinck's defence, like the confusion around expense rules and how he intended to repay the charities, because Zinck would have gone through orientation on the rules and had lots of time to repay the Boys and Girls Club and other groups.

Defence lawyer Lyle Howe said Zinck was in "good spir-

### Apology

## I 'fell short,' former MLA tells court

Trevor Zinck openly apologized to his constituents and the charities he'd promised money to for the first time in court prior to being sentenced on Wednesday.

Zinck stood for nearly four minutes to address Justice Glen McDougall and said he had "fell short" of his obligations to his residents and those who had depended on him for funding, like William Moore.

Moore, who Zinck said he'd known for years, had been promised \$860 to

cover the cost of spring hockey.

"(He) was probably one of my biggest fans, and going through this process all Nova Scotians and his family know that I let him down — and for that I apologize," Zinck said.

Zinck thanked those residents who had supported him, and said that since the expense scandal came to light, the province has "taken steps" to keep things like this from happening again.

"There are people out there who don't know me and have the right to hold disdain, and I can only offer up my apologies," he said.

**METRO**

its" after the decision and had prepared himself for the possibility of incarceration.

"We can't live in regret. We can only move forward, and that's what Trevor wants to do," Howe said outside of court.

Zinck remained silent as he was led away in custody,

turning back to the benches for a moment to wave to supporters.

McDougall also sentenced Zinck to one year of probation after his release, gambling and alcohol counselling, a mental-health assessment and 20 hours of community service.



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# Nova Scotia scientist gets to the heart of the matter

**Lynn Megeney.** Heart muscle cells commit suicide and grow abnormally using the same mechanism, doctor discovers

## Quoted

**"I had no plans on being a scientist. I was never exposed to it since there aren't many scientists in Pictou County."**

Dr. Lynn Megeney

Growing up in Stellarton, Dr. Lynn Megeney didn't really know what a scientist was or did.

Years later however, Megeney, is making advances in important aspects of cardiology.

While most people would consider a big heart to be a good thing, for heart disease experts, it is often a sign of serious disease. Megeney made the surprising discovery at the Ottawa Hospital Research Institute and the University of Ottawa. He discovered that proteins involved in cell death also play a key role in abnormal heart muscle thickening.

The research, published in the Oct. 7 online edition of Proceedings of the National Academy of Sciences (PNAS), could lead to new treatments for certain forms of heart disease.

"Heart muscle thickening, called cardiac hypertrophy, can be a healthy response to exercise and pregnancy," said Megeney. "However, it often occurs in people with high blood pressure, diabetes, heart failure and certain genetic conditions."

In these people, roughly 15 per cent of the population, the heart can easily grow twice as large as normal due to an increase in the size of individual heart muscle cells.

Too much growth can lead to increased stiffness and reduced blood supply, and eventually reduced pumping function and heart failure.

Several years ago, Megeney noticed that heart muscle cells undergoing this kind of abnormal growth had many similarities with cells that are beginning to undergo an orderly form of cell suicide called programmed cell death.

In the current research paper, Megeney and his team show that blocking the proteins that control this form of cell death also blocks abnormal heart muscle thickening.

"Our research shows, for the first time, that heart muscle cells use the same molecular machinery for unhealthy growth as they would use to commit suicide," said Megeney.

"This may seem quite surprising to some people, but it fits with a growing body of research showing that cell death proteins can play many other roles in the body."

NEW GLASGOW NEWS



Dr. Lynn Megeney, who is originally from Stellarton, discovered that proteins involved in cell death also play a key role in abnormal heart muscle thickening. CONTRIBUTED

## No E. coli cases in province relating to frozen burger recall

The top doctor in Nova Scotia says there are still no confirmed or suspected cases of E. coli in the province relating to a national frozen recall of frozen hamburgers.

The Canadian Food Inspection Agency recall initially involved Compliments brand Super 8 Beef Burgers sold in packages of six in Ontario and Atlantic Canada.

On Wednesday, federal health officials expanded the

recall to include Compliments Super 6 Burgers, President's Choice Beef Burgers and Weber's Bucket of Burgers.

"There are still no confirmed or suspected E. coli cases associated with these products in Nova Scotia," said Dr. Strang, the province's chief public health officer. "To be safe, Nova Scotians who have any of these products are advised to throw them out."

After the initial recall was

announced, health officials in southwestern Ontario said lab tests linked three cases of E. coli O157:H7 to the Compliments burgers. The Middlesex-London Health Unit said the three residents of London, Ont., were recovering.

Food contaminated with E. coli O157:H7 may not look or smell spoiled but may cause serious and potentially life-threatening illnesses. METRO,

WITH FILES BY THE CANADIAN PRESS



Dr. Robert Strang THE CANADIAN PRESS

## The shipping news. McNeil affirms MV Miner will be removed from Scatarie shore

Premier-elect Stephen McNeil says his government will keep a promise to have the derelict ship MV Miner removed from the rocky shore of Scatarie Island, where it has sat, to the growing concern of local residents, since breaking free of a tow line two years ago.

Nova Scotia's premier-elect after a sweeping victory for the Liberal party in Tuesday's election, McNeil

affirmed in an interview Wednesday morning that he is committed to having the wreck removed.

"Hopefully, the federal government will be part of that," he said. "If not, we will remove it and try to receive that payment from them."

"It is something that has to be dealt with. Then, the levels of government can figure out who pays what."

CAPE BRETON POST

### SIRT

#### Police watchdog says cop did the right thing

Nova Scotia's police watchdog says there are no grounds for charges against an RCMP officer who was involved in a pursuit that ended in Shelburne County with a man suffering serious injuries.

The Serious Incident Response Team, known as SIRT, says the officer was watching for a truck on June 2 driven by a 37-year-old man who was accused of a domestic assault in Lunenburg.

The officer pursued his truck on Highway 103 to Granite Village where SIRT says he drove toward a guard-rail and the vehicle flipped, resulting in him fracturing his ribs and back.

THE CANADIAN PRESS

### Dartmouth

#### Men charged over stolen vehicle

Police say three men are facing charges after a vehicle stolen from Dartmouth was located in Lower Sackville on Tuesday.

Officers were responding to a suspicious persons call when they found the stolen vehicle at Kelly Lake Scale.

METRO

### Pleasant Street

#### Teens charged after cops chase down stolen truck

Two youth are facing charges after police chased after a stolen truck with two teens inside.

The chase began on Pleasant Street in Dartmouth when police tried to pull over the vehicle METRO

### Trafficking

#### Duo charged after drug search

A man and woman are facing drug charges after police executed a search warrant in Dartmouth on Tuesday night.

Police say they found cash, drugs and drug paraphernalia. Both are charged with possession for the purpose of trafficking. METRO

### Group assault

#### Woman punched, kicked, robbed

Police are investigating after a woman was robbed and assaulted near Harbourview School in Dartmouth on Tuesday night.

The victim says she was assaulted by a group of four to five females. She was punched, kicked and was robbed. METRO

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# Judge ridicules quest to punish census activist

## In the name of justice?

89-year-old 'martyr in the making' is a public relations disaster for the prosecution, judge says

A Toronto judge lambasted the government Wednesday for its prosecution of an 89-year-old peace activist who refused to fill out the 2011 census, and found her not guilty.

Audrey Tobias admitted that she refused to fill out the basic personal information the census required because it was processed using software from U.S. military contractor Lockheed Martin.

But the judge noted there are two elements that the Crown must prove for a conviction: the act and the intent.

Tobias's testimony left Ontario Court Judge Ramez Khawly unsure whether she was accurately recalling her intent for refusing the census nearly 2 1/2 years ago, or if the passage of time has "dimmed her memory."

That left Khawly with reasonable doubt of Tobias's intent and he said he therefore must acquit her.

"Could they not have found a more palatable profile to prosecute as a test case?" Khawly said. "Anyone in Justice who had not seen that coming should be ushered immediately into an introductory marketing course."

Tobias stood defiant on the courthouse steps, saying she was willing to be dragged off to jail if she had been found guilty.

Asked whether she had been afraid of the prospect, she shrugged. "I was curious," she said. "I wondered what it would be like."

Lawyer Peter Rosenthal, who represented Tobias, had argued that forcing her to complete the census would violate her freedoms of conscience and free expression.

Khawly rejected the Charter arguments he characterized as a "Hail Mary pass," but admitted he was briefly captivated by the "siren song of the defence."

THE CANADIAN PRESS



Ontario Court Judge Ramez Khawly

Activist Audrey Tobias stands on the steps of a Toronto court on Wednesday.

CHRIS YOUNG/THE CANADIAN PRESS



## Mexican woman turned away from clinic, gives birth on lawn

Irma Lopez, 29, stands next to her newborn son Salvador at a clinic in the town of Jalapa de Diaz, Mexico, earlier this week. Mexican officials suspended a health centre director Wednesday after Lopez, an indigenous woman, was denied entry to his clinic and was forced to give birth on the lawn. A nurse kicked Lopez out of the clinic on Oct. 2, claiming she was "still not ready" and had to wait for a doctor. Lopez gave birth while grabbing the wall of a house next to the clinic. CHEMA ALVAREZ/THE ASSOCIATED PRESS

## Haiti. Group sues UN over cholera outbreak

Human rights groups on Wednesday filed a lawsuit blaming the United Nations for a cholera outbreak that killed thousands of Haitians as lawyers seeking compensation for victims and clean water and sanitation for the Caribbean country stepped up efforts to force the world body to confront the tragedy.

The lawsuit in federal court in Manhattan sought class-action status to pursue relief for what it described as an epidemic that has killed more than 8,300 people, sickened more than 650,000 and continues to kill about 1,000 Haitians annually. It said the UN spread the disease when it contaminated Haiti's principal river with cholera-infected human waste beginning in October 2010.

"This lawsuit, we hope,

will finally make the United Nations recognize their responsibility," attorney Ira Kurzban told a Manhattan news conference. "They owe the people of Haiti a public apology."

He accused the UN of "gross negligence and reckless conduct" for failing to adequately screen troops and treat human waste before raw sewage was discharged into waterways leading into the Artibonite River, Haiti's longest river and the primary water source for tens of thousands of people.

The lawsuit said the UN had "long known that Haiti's weak water and sanitation infrastructure created a heightened vulnerability to waterborne disease but failed to exercise due care to prevent the devastating outbreak."

THE ASSOCIATED PRESS

## France. 2 more reporters held in Syria identified

France has revealed the existence of two more journalists taken hostage in Syria, after the prime minister identified them in a radio interview, apparently by mistake.

The disclosure that Nicolas Henin and Pierre Torres had been kidnapped while in Syria June 22 brings to four the total of French journalists known to be held hostage in Syria.

The Foreign Ministry said Wednesday that Henin and Torres' capture was not disclosed until now out of respect of their families' wishes. However, in an interview on French radio Wednesday, Prime Minister Jean-Marc Ayrault named them for the first time while answering a question about two other kidnapped reporters.

THE ASSOCIATED PRESS



Nicolas Henin, left, and Pierre Torres CONTRIBUTED/THE ASSOCIATED PRESS

### Get the cluck out!

## French legislator fined for making chicken noises at female colleague

A French legislator was sanctioned Wednesday for clucking at a female colleague while she spoke in the National Assembly, the latest incident of catcalling in the French parliament.

The office of the Assembly's president said Philippe Le Ray of the UMP party will be fined about \$1,700 US.

Le Ray clucked at Veronique Massonneau, an ecologist deputy, as she addressed the parliament late Tuesday. She pleaded, "That's enough. ... I'm not a chicken!"

In French, "chicken" can be a derogatory term for a woman.

THE ASSOCIATED PRESS

### Bosnia

## Second mass grave site found

Bosnian authorities say they have found a second mass grave near one they have been working on and from which they have so far excavated the remains of about 130 Bosniaks and Croats killed during the 1992-95 war.

The prosecutor's office said Wednesday teams will now work on both graves and that according to available evidence, the bodies found so far belong to non-Serbs killed in and around the northwestern town of Prijedor in 1992.

Some 1,200 Bosniaks and Croats are still missing from the area of Prijedor.

THE ASSOCIATED PRESS

### Brazil

## Man left legless after amputation mix-up

A Brazilian hospital says a patient with diabetic kidney failure has been left legless after going into an operation to amputate his right leg and having doctors remove his left.

Marilda Santos, spokes-

person for Rio de Janeiro's Pedro Ernesto University Hospital, says that on Friday doctors were supposed to amputate Antonio Cesar Victorio's right leg, but instead removed his left.

"When the patient's daughter told doctors they had removed the wrong leg, they amputated the other leg as well."

Victorio's daughter has said that the family plans to sue. THE ASSOCIATED PRESS



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# Gay Mountie from B.C. on the front lines of teen bullying

**RCMP.** Tad Milmine talks to kids in schools across Canada; one in seven Canadian children 11 to 16 are bullied: 2004 study

When Tad Milmine walks into a classroom, students don't know anything about him.

They don't know he's an RCMP officer. They don't know he's gay. They don't know he's been bullied and abused.

But within minutes, students know he's there for them, especially in their darkest, most vulnerable moments, Milmine said.

He speaks to them through the spirits of Ontario's Jamie Hubley, Nova Scotia's Rehtaeh Parsons



Carol Todd holds a photograph of her late daughter, Amanda Todd, signed by U.S. singer Demi Lovato. DARRYL DYCK/THE CANADIAN PRESS

and British Columbia's Amanda Todd — all teen suicide victims mercilessly bullied by their peers before

killing themselves. Todd died one year ago Thursday.

"I'm up there, just a guy named Tad," said the Surrey,

B.C., RCMP officer. Milmine started talking to students across Canada last October. When he visits a

school he gets messages from up to 25 per cent of the students.

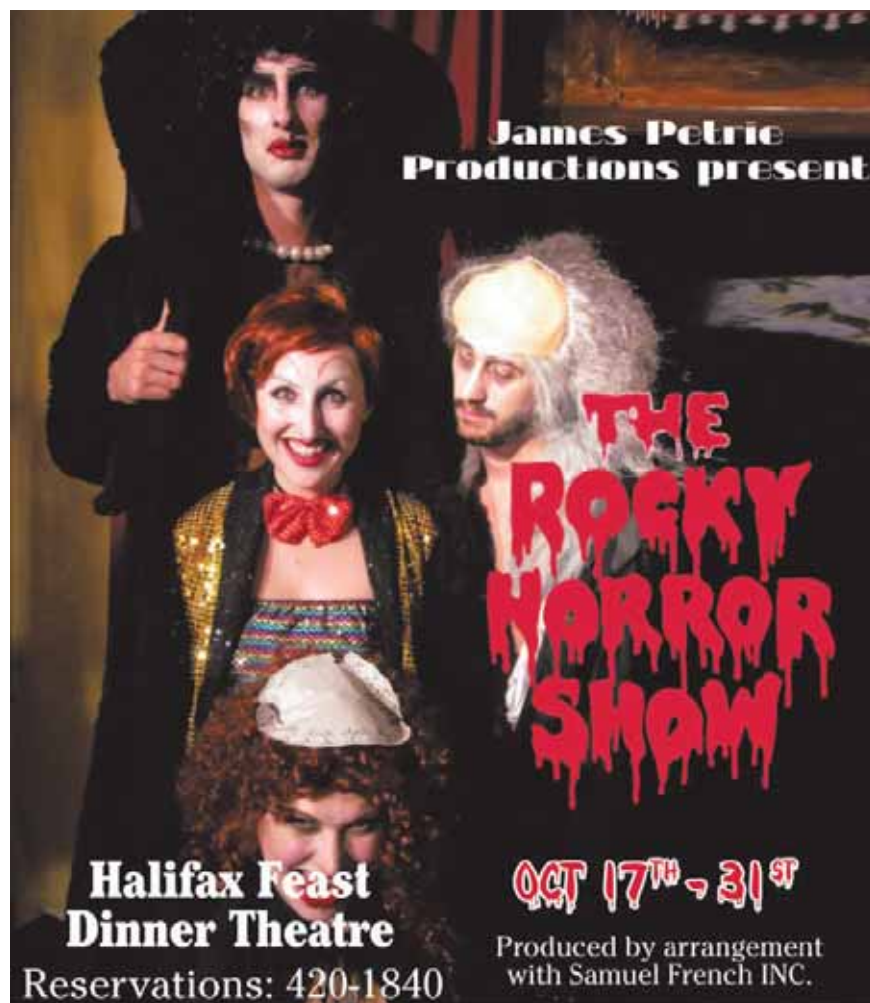
THE CANADIAN PRESS

## Bullying

### Constant vigilance required

Amanda Todd's mother, Carol Todd, said over the past year she's realized that confronting the issues of teen bullying and suicide goes beyond laws, websites and school programs. The issue requires constant vigilance by authorities, teachers, parents and young people themselves.

Nova Scotia's Cyber-Safety Act, introduced in April, includes the creation of an investigative unit dedicated to pursuing and penalizing cyberbullies. THE CANADIAN PRESS



## BlackBerry Z30

### Social media got this change

Rogers Communications says loyal BlackBerry smartphone users have spoken.

The firm said Wednesday it has reversed its decision not to sell the upcoming BlackBerry Z30 smartphone due to a strong response from its customers — particularly on social media.

THE CANADIAN PRESS

## Animation

### Pixar shuts its Vancouver shop

Computer animation giant Pixar has shut down its Canadian operation in Vancouver, leaving about 100 employees out of work.

Pixar publicist Chris Wiggum says the company decided to focus its efforts under one roof at the company's Emeryville, Calif., location.

The Vancouver studio opened in 2010, creating short films such as Air Mater, Small Fry and Partysaurus Rex.

THE CANADIAN PRESS

## Mulcair. Canada's alleged spying on Brazil's energy ministry 'a huge mistake'

NDP Leader Tom Mulcair says apparent efforts to spy on Brazil have given Canada a black eye.

Speaking Wednesday at a news conference, Mulcair denounced the reported attempt by Canada's electronic eavesdropping agency to monitor Brazil's Ministry of Mines and Energy as a big mistake.

A Brazilian television report said the metadata — or indexing details — of phone calls and emails from and to the ministry were targeted by the Ottawa-based Com-

munications Security Establishment Canada to map the ministry's communications.

Mulcair says it's further proof that the Conservatives have no ethical boundaries.

"This is a black eye for Canada. It's a huge mistake."

Prime Minister Stephen Harper has said he's very concerned about the reports of spying, but the NDP leader sounded skeptical.

Harper "has been an abject failure in terms of his ability to deal with these ethical lapses," Mulcair said.

THE CANADIAN PRESS



Nine images of NDP Leader Tom Mulcair are shown during an interview with The Canadian Press Wednesday in Ottawa. ADRIAN WYLD/THE CANADIAN PRESS



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# Malala's fame causes fear of Taliban at former school

**Pakistan.** While the world cheers for the Nobel Peace Prize nominee, ex-classmates, teachers are haunted by the threat of extremists

One year after a Taliban bullet tried to silence Malala Yousafzai's demand for education, she has published a book and is a contender for the Nobel Peace Prize. But the militants threaten to kill her should she dare return home to Pakistan, and the principal at her old school says that as Malala's fame has grown, so has fear in her classrooms.

Although Malala remains in Britain and her assailant is still at large, police say the case is closed. And many Pakistanis publicly wonder

whether the shooting was staged to create a hero for the West to embrace.

Shortly after the attack, Pakistani schoolchildren filled the streets carrying placards with the words: "I am Malala." A year later, a popular refrain is "Why Malala?"

In Pakistan's Swat Valley, the giant sign that once identified Malala's school is gone. Rickshaws rumble to a stop as girls, their heads covered and faces obscured, scramble out and dash into the building.

The school made no plans to recognize the anniversary, although children in other parts of the country did. Teachers and students are afraid. Even a giant poster of Malala that once emblazoned the wall of the assembly hall has been removed.

"We have had threats; there are so many prob-



Schoolchildren pray in Rawalpindi, Pakistan, Wednesday during a special class to recognize the anniversary of Malala Yousafzai's shooting by the Taliban. MUHAMMED MUHEISEN/THE ASSOCIATED PRESS

lems. It is much more dangerous for us after Malala's shooting and all the attention that she is getting,"

said school principal Selma Naz. "The Taliban are very dangerous. They have gone from Swat, but still they

have a presence here. It is hidden, but it is here. We all have fear in our hearts."

THE ASSOCIATED PRESS

## Case closed in Pakistan

### Attacker not likely to face justice

Malala's attacker will likely never be caught, said Ahmed Shah, who noted that police rarely even investigate an incident if the Taliban take credit for it.

Fear among judges generally leads to acquittals anyway, said Swat lawyer Aftab Alam. "No one can dare to appear before the court, even the police cannot dare to investigate" an attack by the Taliban because of fear of retaliation, said Alam. "It is just impossible."

THE ASSOCIATED PRESS

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\*See O'Regan's Smart for details.



# Two Canadians trapped in Egypt release video

## 'Ordeal's not over.'

Still under 'active investigation,' only a judge can decide when they fly home

Two Canadians who remain trapped in Egypt after being released from jail have made their first appearance in an online video.

Filmmaker John Greyson and physician Tarek Loubani, who were detained for seven weeks in Cairo, appear healthy and upbeat as they speak in the 66-second



Filmmaker John Greyson and physician Tarek Loubani in a video they released Wednesday. YOUTUBE SCREEN GRAB

video posted Wednesday to YouTube. Greyson said in the video that while the "ordeal's not over" it was time for the pair to say "hi" to those who supported them. It's not

clear when Egypt will allow them to fly home. An official said the men remain under investigation, and it's up to a judge when they are free.

THE CANADIAN PRESS



## Russia gets tough with little Netherlands

Maarten Huiskamp cuts a piece of Dutch cheese in De Kaaskamer store in Amsterdam, Wednesday. The Netherlands has apologized after a diplomatic spat over the arrest and detention of a Russian diplomat by police in The Hague, but relations between the countries are soured. Russian news agencies said that a delegation inspecting Dutch cheese facilities is not satisfied with the quality of the product. PETER DEJONG/THE ASSOCIATED PRESS

### Utah

#### Nature calling?

A Utah man has been sentenced to seven days in jail after a high-speed chase that he blamed on a bathroom emergency. Jeffrey Laub, 39, told a judge that he was racing to get to a toilet as he was chased by cops at 178 km/h. THE ASSOCIATED PRESS

### Kuwait

#### Jail for insulting the emir

Kuwait newspapers say a court has sentenced an online activist to two years in jail for insulting the nation's ruler. It is the first case since a blanket pardon for similar offences last summer. THE ASSOCIATED PRESS

### Utica, N.Y.

#### Sounded like a puppy in distress

A frantic effort to save what was believed to be a puppy trapped in an upstate New York City's sewer system has a happy ending. There was no trapped pup, just a sewer system that sounded like one. THE ASSOCIATED PRESS



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## Samsung's claim

## This smartphone is ahead of the curve

Samsung Electronics says it will release a smartphone with a curved display — and a \$1,000 price tag.

The Galaxy Round has a curved 5.7-inch (14.5 cm) screen using advanced



THE ASSOCIATED PRESS

display technology called organic light-emitting diode, or OLED, technology.

The Korean company says the curved-screen phone is a world first.

## Inequality

## Rich? Ask these 110 Russians

A report by a major investment bank says 35 per cent of household wealth in Russia is owned by just 110 people.

It's the highest level of inequality in the world

barring small Caribbean nations.

The fall of communism saw Russia's most prized assets sold off to a small circle of businessmen later known as oligarchs.

President Vladimir Putin allowed them to keep their wealth in exchange for their political loyalty.

THE ASSOCIATED PRESS

## Where's the remote? It's on Twitter ... in a unique new TV, movie link-up

Tweet this: Twitter has linked up with the American media company Comcast.

The two giants have signed a partnership that will let viewers access TV shows and buy movie tickets directly from a tweet.

The development deepens the messaging service's ties to television programming.

Twitter Inc. and Comcast Corp. said Wednesday a new feature that's part of the deal will let customers of Comcast's Xfinity TV service tune in to programs by clicking a "see it" button in a tweet.

Comcast CEO Brian Roberts called it "an instant on-line line remote control."

The button will allow Twitter users to set DVRs, tune in to



The Sept. 29 finale of *Breaking Bad* generated a record 1.24 million tweets. AMC/THE ASSOCIATED PRESS

shows online, on TV or on mobile devices.

They can also buy movie tickets through Fandango.

In the current TV season, shows on NBC, USA, Bravo, MSNBC and other networks will be accessible through the "see it" button.

Comcast and Twitter said they are in talks with other TV networks and companies that will use the feature in the "coming months."

Twitter's deal with the largest U.S. cable company comes as the messaging firm prepares for an initial public offering of stock, which could occur next month.

THE ASSOCIATED PRESS

# Teen safety: It's a 'like' for Facebook managers

## A cry for help?

There are some surefire ways the social networking site can come to your aid



JESSICA SMITH  
Metro in Toronto

Teens have a different Facebook than the rest of us.

Their profiles aren't searchable through Google, their default settings are more private and they only show up in Facebook's new Graph Search to their "friends of friends" network.

It's all about teen safety.

Facebook Canada invited reporters Wednesday to learn more about how the social network deals with that topic.

Facebook's manager of privacy and safety Nicky Jackson said the company chooses to give teens — kids are supposed to be at least 13 to be on the site — autonomy, in part because young

## Quoted

"There's a lot of misunderstanding. And we get it — you want to understand how your image is being used."

Nicky Jackson, Facebook exec.

people tend to go to Facebook to talk about things they can't tell their parents about, such as violence in their home or coming out as LGBT.

Facebook tries to give them a safe environment to communicate, she said.

Jackson explained the different ways a user can ask for help.

There are built-in mechanisms for reporting bullying to a trusted adult and to Facebook operators who can remove the bullying post.

And there are mechanisms for reporting crises such as suicide attempts to emergency services.

Teen safety and privacy has been a controversial subject for Facebook.



Facebook wants to provide a safe environment. CHRIS JACKSON/GETTY IMAGES

American advocacy groups have launched a complaint with the U.S. Federal Trade Commission, warning that children are vulnerable and "should not be subjected to the same range of sophisticated ad-targeting practices that Facebook imposes on adults."

Just recently ads for a dating site appeared on Facebook featuring the photos of Halifax teen

Rehtaeh Parsons, who died by suicide after bullying and an alleged sexual assault.

The advertiser found Parsons' photos from a search engine and used them directly in the ad.

Facebook took down the ads and banned the advertiser.



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# NOBEL PRIZE WINNERS SHOULD GET TO TWERK

I sometimes wish I lived in a world where Nobel Prize week was as popular as Shark Week.

Alas, I live here. So while I might be excited to see people take home Nobel Prizes in physics or medicine or chemistry, I know it won't get the public nearly so excited as footage of any of those people being eaten by a hammerhead.

I've considered the potential of some reality TV glitz — each prize presented by Miley Cyrus, say, licking the medal like it's chocolate wrapped in foil. Or the winners making public phone calls to childhood bullies so they can boast they've won a million dollars (as well as a large chocolate medallion and a chance to meet Hannah Montana.)

But, really, we shouldn't have to glitz it up at all. A Nobel Prize, after all, is one of the most respected awards in all of humankind, second only to The Daytime Emmy Awards. To illustrate, here's a timeline (of the Nobels, not the Emmys).

**1888:** Alfred Nobel, butler for reclusive billionaire Bruce Wayne and the inventor of dynamite, is shocked to read his own obituary in a French newspaper, which dubs Nobel "the merchant



HE SAYS

**John Mazerolle**

metronews.ca

of death." In response, he creates the Nobel Prize so that he might be remembered more fondly, then has his critics blown up with dynamite.

**1901:** Wilhelm Conrad Röntgen becomes the first person to win a Nobel Prize for physics when he discovers X-rays, using the \$1.2 million prize to buy a hundred years' worth of X-ray Glasses ads in the back of Archie comics.

**1911:** Marie Skłodowska-Curie wins a Nobel Prize for chemistry. The Curie family wins five Nobel Prizes in total, earning them the nickname "the Sutter family of the Nobel Prize world" among those who are huge fans of both the Nobel Prize and the NHL.

**1953:** Physicist Frederik Zernike wins for his invention of the phase contrast microscope, earning the scorn of his fellow physicists who had all made some pretty cool papier-mâché volcanoes that erupt when you add baking soda.

**1965:** The awards show institutes an annual memorial reel — showing all those who have died in science, for science and because of science — which runs about 11 days.

## ZOOM

## You said they're extinct?



ALEJANDRO ARTEAGA/TROPICAL HERPING

## Your nose is going to grow

### Pinocchio lizard fools us by reappearing

It's no tall tale that the aptly named Pinocchio lizard — once thought to be extinct — has been caught on camera in Ecuador. The Anolis Pinocchio has only been sighted on three occasions since 2005.

After a three-year search, a team of photographers and researchers found the creature.

METRO

### Once thought to be a 'mythological creature'

"Finding the Pinocchio anole was like discovering a secret, a deeply held secret," said photographer Alejandro Arteaga. "We conceived it for years to be a mythological creature."

It was first discovered in 1953 but disappeared for forty years, only to be rediscovered in 2005 by birdwatchers. METRO

### The nose knows

- The lizard was named after the children's character Pinocchio.
- It was found in the cloud-forest of Mindo, Ecuador.
- Its nose is incredibly flexible and it's not believed to be used for mating or battling rival males. But, its exact purpose is not known.

### Where to find Pinocchio

## 1,530

The height in metres above sea level that the Pinocchio anole lives.

### Clickbait



**ANDREW FIFIELD**  
andrew.fifield@metronews.ca

There's a long weekend coming up, which means you might find yourself doing a little travelling. So please a) stay safe and b) check out these games you can carry in your pocket to help while away the hours.



CONTRIBUTED

### Naughty Bricks:

If the similarity between this title and another massively successful app starring cartoons with an unpleasant disposition raises your eyebrow, said eyebrow has a point. While Bricks isn't an Angry Birds clone, per se, it's close enough — giving you one physics-based shot at flinging the sun into a cluster of wisecracking bricks that are heading toward Earth. (iOS, Android/\$1.99)

### The Cave:

More than just the titular location, The Cave is also the titular character narrating a puzzle-solving adventure game from the creator of the Monkey Island series. The setting can be dark

but beautifully clever writing — especially the snarky Cave narrator — should keep you smirking as you deal with monsters and hazards. The small screen can make for problematic controls, but we're used to that by now. (iOS/\$4.99)

### X-Type:

We're fudging a bit here, since this isn't an app at all. Instead, simply plug photoslab.org/xtype into your browser and you'll be served up with a twin-stick space shooter. So blast as many menacing space threats as possible while this is still fresh, because it's your only chance to get on the leaderboard before the hardcore shows up.

### Comments

**RE: Hockey Canada Unveils Olympic Hockey Jerseys, published Oct. 8**

How about not trying to fix what's not broken?

A slight alteration I can live with, but this is just lazy and ugly. Probably designed by the same people that thought those yellow jerseys were a good idea ... The red and white ones look like novelty jerseys I would buy at Petro Canada

with my gas points. The black one looks like a sweatshirt I'd buy at Roots. They dropped the ball (or puck) with these.

**Chris posted to metronews.ca**

Nice practice jerseys! Did hockey Canada run out of money for real ones?

**DaN posted to metronews.ca**

The first thing I thought of when I looked at the picture was, Petro Canada is going to love this!

**GW posted to metronews.ca**

### WE WANT TO HEAR FROM YOU:

Send us your comments: [halifaxletters@metronews.ca](mailto:halifaxletters@metronews.ca)



# Take the walk, if you dare

**Scary.** Halifax Regional Search and Rescue works with Haunted Hollow for terrifying walk for a great cause



**BACKSTAGE PASS**  
Jenna Conter  
halifax@metronews.ca

Remember the show *Are You Afraid Of The Dark?*

This made-for-kids, late-night, suspense-driven, terrifying ... OK, OK. I'm a wimp. But regardless of my tolerance for PG-rated scare tactics, thanks to this show, I have a fear of clowns.

So when I entered the section of the Haunted Hollow night walk in Hammonds Plains that was devoted solely to the invention of rubberized clown masks and the coloured wigs of my nightmares, the fear-factor had taken over.

Ignoring my trepidation when it came to childhood staples suited to send most children to an early therapy appointment, I had heard about the Haunted Hollow's inspiring community outreach and fundraising and thought I'd scream for a cause. In 2004, Carole Munroe, along with some friends and family, headed to a famed corn maze outside of Truro. Though good times were reportedly had, the group went home wishing there was something closer



One of the clowns that had our columnist shaking in her boots. SERGE COURNOYER/EASTERN EXPOSURE

to their four Haverstock properties in Hammonds Plains.

The next morning, as Haunted Hollow history tells us, the wish was shared and along with family and the help of local volunteers, they hosted the first walk.

With community connections as the goal, making money was seen as a great side effect. That year the family was able to donate \$300 to the Cobequid Community Health Centre.

"For our fifth year we were able to make a \$25,000 donation to the Canadian

Breast Cancer Foundation and \$3,000 to the Arthritis Societies Joints in Motion," Munroe reminisced.

This year the funds are going to Halifax Regional Search and Rescue.

"Tragedy often precipitates change," said Todd Rodgers of the group.

For example, in 1987, after two cases of young children lost in the woods, the team wanted a negative turned into a positive and implemented a regimented training program.

"The team's training officer introduced the concepts

## Details

- **What.** The Haunted Hollow of Hammonds Plains
- **Where.** 1561 Hammonds Plains Rd.
- **When.** Every Friday and Saturday through October. **Gates open at 7:30 p.m.**
- **Tickets.** \$12

curriculum developed by the National Association for Search and Rescue," Rodgers said. "This initial introduction to search management was the impetus for members to seek out training that would forever change how search and rescue operates."

Frankly this community marriage is a win-win for all: In addition to the charitable donation from the profits at the Hollow, scaredy-cats such as myself have the calming knowledge that if lost along the walk, I'll be found.

of search management to the team, based upon a

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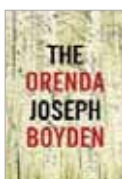
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## 1. DOCTOR SLEEP Stephen King

Haunted by the inhabitants of the Overlook Hotel where he spent one horrific childhood winter, an adult Danny Torrance has now become Doctor Sleep – and finds himself being pulled into an epic war between good and evil.

Last Week: 1 / Weeks on List: 3



## 2. THE ORENDA Joseph Boyden

Giller Prize winner Joseph Boyden returns with a visceral portrait of life at a crossroads in his masterpiece of Canadian historical fiction, *The Orenda*.

Last Week: 2 / Weeks on List: 5

This Week

Last Week Weeks on List

- |   |    |    |
|---|----|----|
| 3. THE LONGEST RIDE Nicholas Sparks                             | 3  | 4  |
| 4. A HOUSE IN THE SKY Amanda Lindhout and Sara Corbett          | 6  | 6  |
| 5. THE SILENT WIFE A.S.A Harrison                               | 4  | 7  |
| 6. MADDADDAM Margaret Atwood                                    | 7  | 7  |
| 7. GRAIN BRAIN David Perlmutter                                 | 5  | 4  |
| 8. KILLING JESUS Bill O'Reilly                                  | 14 | 3  |
| 9. GONE James Patterson   | 19 | 2  |
| 10. STEVE JOBS Walter Isaacson                                  | 8  | 5  |
| 11. THE CASUAL VACANCY J.K. Rowling                             | 10 | 12 |
| 12. INFERNO Dan Brown   | 11 | 20 |
| 13. BREAK OUT! Joel Osteen                                      | 17 | 2  |
| 14. THE SIGNATURE OF ALL THINGS Elizabeth Gilbert               | 20 | 2  |
| 15. ONE SUMMER Bill Bryson                                      | 18 | 2  |
| 16. TIME NOW FOR THE VINYL CAFE<br>STORY EXCHANGE Stuart McLean | 12 | 4  |
| 17. BLOOD Lawrence Hill   | 15 | 2  |
| ★ 18. THE CIRCLE Dave Eggers                                    | -  | 1  |
| ★ 19. A NATION WORTH RANTING ABOUT Rick Mercer                  | -  | 1  |
| ★ 20. MY STORY Elizabeth Smart                                  | -  | 1  |

Combined Fiction and Non-Fiction Bestsellers for the week, ending October 14<sup>th</sup>

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metro

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metronews.ca  
Thursday, October 10, 2013

# Telling her own American stories



Actress Jessica Lange has written a new book. GETTY IMAGES

**Interview.** Star of the American Horror Story talks about the new season, on screen success and her upcoming book

Screen legend Jessica Lange says the secret to her longevity in Hollywood is simply trusting her instincts.

"As you can tell from looking at my career, there was no plan!" the 64-year-old said with a hearty laugh. "It's never setting out with a goal in mind or project or whatever. It's what kind of captures my imagination in the moment."

Lange's gut feeling recently led her to a new path as a children's book author. It's *About a Little Bird* follows two young sisters who discover an antique birdcage at their grandmothers' farm.

"It felt natural and organic and simple and kind of charmed," Lange said of creating the picture book based on her real-life experiences and featuring photographs she took and tinted by hand.

In a recent interview the two-time Academy Award winner discussed the book and the new season of her not-so-kid-friendly FX series *American Horror Story: Coven*, which premiered last night.

**How did you go about writing *It's About a Little Bird*?**  
I didn't do it in that kind of deliberate way. It wasn't

### Last question

What does success mean to you at this point in your career?

- **Quote.** Box office success has never meant anything. I've never been so-called "box office." I mean I couldn't get a film made if

I paid for it myself. So I'm not "box office" and never have been and that's never entered into my kind of mind set here. ... It is the kind of acknowledgment by other actors, really. That's really what is most meaningful.

something that I had determined to do. It started really because I'm a photographer and I shoot black-and-white film. So that's kind of how it started, working on some of my own black-and-white imagery and hand-tinting them. ... And then one morning I woke up, I was up at my farm at upstate New York and I woke up and this story just kind of came to me.

**Do your granddaughters get to see much of your work?**

Well, obviously there's a lot they can't see, you know. I don't want them to see *Frances* or to see, you know, *Blue Sky*. There's a lot that they'll see when they get older. ... I remember years ago when I won the Emmy for *Grey Gardens*, which they hadn't seen, but they had seen a picture of me as like Edith Beale, which I'm sure was very confusing.

But my daughter, in the morning when they woke up, showed them a little clip of me winning the Emmy and my speech and she told me later that day that my youngest granddaughter went to school and they

asked if anybody had anything to share and she stood up and she said "my grandmother won a big prize!"

**How did Ryan Murphy get you on board for three seasons of *American Horror Story*?**

He called me up out of the blue — I had never met him — and started talking. And I just thought "wow, he's got quite a spiel here. This is really something." I haven't been kind of seduced like this in a long time. And you know he has a kind of uncanny intelligence about this, a talent, genius in a way and it became something really fascinating. ... He keeps kind of dangling that carrot out there. It's hard to say no.

**What can you tell us about your new *Coven* character Fiona Goode?**

It's a woman who has ... all the powers in the world, and again I think it's a metaphor for a lot of different things, and who misuses it for the most selfish, self-serving purposes.

THE ASSOCIATED PRESS



# A novel need: 'I suppose if I gave up writing, I'd give up life'

## A life well-read.

Prolific penman Wilbur Smith dishes on getting shot, finding love and writing for 50 years

ANDREA  
PARK

Metro World News

Bestselling author Wilbur Smith started his adventures at a young age: He was just 13 years old when he shot three lions in self-defense. "It was me or them," Smith told Metro. The young Smith was home alone on his father's ranch in Northern Rhodesia, now known as Zambia, when he heard lions attacking his father's cattle outside.

"I knew if I let them get away with it, my father wouldn't let me get away with it," he said. When he stepped out with his father's rifle to shoot them off, the lions charged at him, one after another, and he was forced to shoot.

Smith, visiting New York

## It was them or me

"I knew if I let them get away with it my father wouldn't let me get away with it."

Wilbur Smith, author

On confronting and shooting three young lions in his youth while they were attacking his father's cattle.

## The lone writer

- Though Smith's \$23 million, six-book deal with HarperCollins states that he can use co-authors, he said he wants to continue writing his books himself for as long as possible. He also said he plans to live to 100 years old, and after four marriages and 50 years of writing books, he has more than enough material to inspire his writing until then.

from his home in London, recalled the memory over tea at a Midtown café. He was in New York to promote his latest novel, *Vicious Circle*.

His wife, Mokhiniso "Niso" Smith, interjected, "I have a photo of you with the lions." Her husband frowned for a moment and then said, "Oh, no, that was another time. I was only six then." Niso threw up her hands and shrugged: "I can't keep track."

Smith continued, "We were camping and the lions attacked a man sleeping outside our tents. My father jumped out in only his pajama top, no trousers, gun in hand — that's an image I'll never forget." He laughed.

But Smith has conquered much more than lions: Today, he is one of the top 20 selling authors with 122 million book sales under his belt.

Smith's books top the charts at number one in the U.K., Italy, South Africa, Australia and New Zealand and his last three books were on the New York Times Best Seller list.

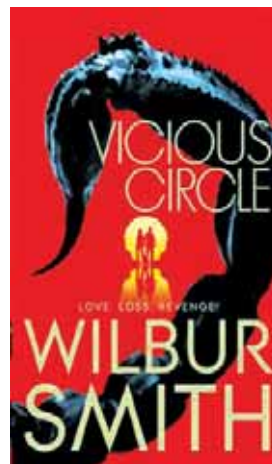
At the age of 80, he's still not exactly a household name in the U.S., but he plans to change that soon: Smith signed a \$23 million, six-book deal with HarperCollins in 2012 and said he won't be retiring anytime soon. "Writing is just what I do, and I suppose if I gave up writing, I'd give up life," he said. "It keeps me going and it keeps me young."

## Out of Africa

Smith's new book *Vicious Circle* hits stores in the U.S. on Oct. 8 and it chronicles protagonist Hector Cross' fight to avenge his wife's murder; Cross, like Smith, also grew up on a ranch in Africa. Smith lived on his father's ranch in Northern Rhodesia until he left for boarding school in South Africa. Until then, Smith grew up with the village boys and learned how to speak their language and hunt. He would bike down to the village after breakfast and do "awful things" with the other boys: They stole birds eggs from nests, caught fish in the river and grabbed wild honey from the trees. "We would get stung to pieces," he said.

When he left for boarding school, he found himself bound by rules and rigid schedules, but he discovered his love for writing.

"The only thing I excelled



at in school was English language and essay writing," said Smith.

"I told my father I wanted to be a journalist and he said, 'You'll starve to death: Get a real job.'" Smith worked as an accountant but still wrote on the side; he wrote his first book at the age of 28 and unsuccessfully tried to publish it. But at 30, he published *When the Lion Feeds*, which was met with huge commercial success, and he hasn't looked back since that moment.

"Writing has brought me a great life," he smiled. Smith owns three homes: one in Cape Town, one in London and one in Switzerland. He spoke wistfully of the island off the Seychelles he used to own. "It turned out Niso had a coral allergy, so we had to sell the coral island," he laughed. "Well darling, it took you seven years," his wife hit back.



Readers return to Wilbur Smith's books for their high-octane pace and detailed descriptions of exotic locations. GETTY IMAGES

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Sinead O'Connor. ALL PHOTOS GETTY IMAGES

## Sinead writes another letter, now the Wrecking Ball's in Miley's court

After Sinead O'Connor's third open letter to Miley Cyrus, the Wrecking Ball singer dismissed the Irish entertainer with, "You can write as many open letters as you want."

Well, be careful what you wish for. O'Connor has released her fourth open letter to Cyrus.

"You've said on Matt Lauer's show — where you again refer to me as 'crazy' — that you don't understand why I have been upset with you. I find that hard to understand, frankly, since

you're clearly very far from being a stupid woman," O'Connor writes.

"I would very much like you please to apologize to myself and Amanda Bynes for having perpetuated abuse of both of us. ... I'd find it hard to believe someone so young could be that calculatedly evil to anyone, never mind someone who did absolutely nothing to deserve such abuse. I have no interest in the 'feud' which media want."

I guess the Wrecking Ball's in your court, Miley.

## Swift and Mayer in same place at same time, world doesn't explode

It really is a small world after all. Taylor Swift risked a run-in with ex-boyfriend John Mayer recently when she visited Disney Land with some pals, since Mayer happened to be at the amusement park the same day with Katy Perry, according to E! News.

Luckily the two groups didn't cross paths while in the Magic Kingdom.



Taylor Swift

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



## Wait, so Bow Wow doesn't want to marry me?

THE WORD  
Melinda Taub  
scene@metronews.ca

The American economy has gone to crap. Their government can't function. Global warming is going to destroy us all.

But look on the bright side. At least we live in an era when catfishing exists.

I realize that is a terribly callous thing to say. Being catfished no doubt feels awful. I don't care. This makes me really happy.

So here's the deal. On this week's Catfish, an astute young woman named Keyonnah began an online relationship with rapper

Bow Wow. He refused to video chat with her, but they exchanged text messages and he sent her \$10,000 in gifts. But — shocker — the man who refused to meet her in person was actually not a famous rapper, but a woman named Dee who liked to lure straight chicks using Bow Wow's likeness because she "liked a challenge."

The best part of this, however, is that Bow Wow himself is super into it.

"I feel honoured," he said in a reaction video posted by his BET show 106 & Park. "It's dope and it's fly when someone wants to be you. And not only they wanna be you, in their mind they are you. That's crazy. But I like it. It's free promo for myself."

Bow Wow went on to invite both Dee and Keyonnah to come hang out with him, which is probably a much happier ending than catfishings usually have.



Daniel Radcliffe

## His wand is out again — you're right Daniel, these headlines are easy

Daniel Radcliffe is not surprised about the reaction his steamy same-sex love scene in Kill Your Darlings is getting.

"It's quite an easy headline, I guess particularly for British papers. There's a lot of jokes to be made," he tells Katie Couric in an interview. But he does think it's a bit

out of proportion considering his previous work.

"There was full-frontal nudity" in the stage production of Equus, he points out, "and I played a boy who had a sort of sexual-religious fascination with a horse. So the fact that this is getting more attention, it's kind of interesting."



Owen Wilson

## Wilson to father his trainer's baby

Owen Wilson is reportedly becoming a father for the second time — but this time with his personal trainer, who recently filed for divorce, according to the National Enquirer.

Trainer Caroline Lindqvist has reportedly been separated from her husband, plastic surgeon Ritu Chopra, for more than a year but did not

file for divorce until learning she was carrying Wilson's child.

"Caroline broke the news to Owen this past May shortly after confirming that he was the father," a source says. "A few days later she filed for divorce from her husband."

The baby is said to be due in January.

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# Lost outside the fashion loop?

**Let's give you something to talk about.** From leaked looks to high-profile hissy fits, we've got you covered for behind-the-catwalk conversation starters

**ALICE TATE**

Metro World News

The shows, the parties, the running in heels — we know fashion month is a crazy one. If you're anything like us, you're now a good few weeks behind on industry gossip, mile deep in emails, and are quickly losing your rep as the most clued in employee on your floor, right?

Saving you the trouble of calling in a backlog of glossies, or trawling Google for days, we've rounded up the biggest, buzziest news blasts you might have missed over the month that was, for you to scroll, study, and slip flawlessly into conversation. There, reputation saved. (We just can't do anything for your social life.)

## **Sept. 6** **Alexa Chung launches her book, It**

Our favourite clothes horse and It-girl released her first book, aptly titled, *It*. A new day, a new line on the CV, right Alexa?

## **Sept. 10** **Givenchy launches app**

The Italian luxury label is getting down with the kids and going all techy on us. Givenchy unveiled their new app, which gives us all a deeper insight into the brand, its values, and ahem, its stellar e-commerce abilities.

## **Sept. 11** **Editors had to climb out of an**



Rihanna's second collection for River Island has shone bright like a diamond since Sept. 12. CONTRIBUTED



Kanye's ignited a feud with everyone else. Why not include the fashion industry? CONTRIBUTED



A handful of style editors got to know each other a little better after getting stuck in an elevator post-Philosophy show. CONTRIBUTED

## **elevator after the Philosophy show**

First they ran to get to the show on time, and then 50 intrepid editors had to climb out of the elevator after it got stuck between floors. Who knew New York Fashion Week was such a workout?

## **Sept. 12** **Rihanna's second collection for River Island dropped**

The singer, who can't help but make news, made more during New York Fashion Week. Her second collection for River Island dropped. Celebrating in true RiRi style, the singer hosted a bash with party pal Cara Delevingne in tow.

## **Sept. 18** **Net-A-Porter launch ethical collection**

The luxury retailer's Green Carpet Challenge gave your favourite British designers (Burberry,

Christopher Kane, Victoria Beckham, and so on) the task of creating a "green" dress, of which profits were donated to The Global Fund to help fight malaria. For us, it means we can buy designer wares and be kind to the world. Thanks, Net-A-Porter.

## **Sept. 19** **Kate Moss says yes to Playboy**

After years of "will she or won't she" speculation, the final decision is ... she will. Yup, Mrs. Moss will grace the cover of the iconic men's magazine for her 40th birthday, and the magazine's 60th anniversary. Some get presents, others get nude.

## **Sept. 25** **Kanye West shouted off about fashion**

Controversy and Kanye go hand in hand. During Paris Fashion Week, the rapper took to the Radio1 airwaves to voice



It's been a long time coming, but Kate's finally ready to strike a Playboy pose. CONTRIBUTED

his frustrations with fashion, specifically Hedi Slimane. And he didn't hold back.

## **Sept. 25** **Isabel Marant X H&M look-book Leaked**

Great news for us, bad news for H&M. A sneaky mole leaked the much-anticipated Isabel Marant X H&M lookbook, giving us a tease of what we can expect when it hits shelves on Nov. 14. As anticipated, there's fringing, skinny jeans and oversized slouchy cardigans.

## **Sept. 25** **Sofia Coppola decorated the windows at Bon Marché**

In case you needed an excuse to love Sofia Coppola even more, here's one: she jazzed up the windows of Parisian department store, Bon Marché with oodles of Louis Vuitton. Did she do a good job? We'll let the adorable Bambi leaping through neon love hearts holding a mini LV speak for itself.

## **Sept. 26** **Louis Vuitton tapped David Bowie for coming campaign**

Ziggy Stardust fans, get excited. The luxury French brand tapped the iconic '80s star for their second instalment of the *L'Invitation au Voyage* campaign.

# 3 TIME

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# A paint guru's recipe for colour

**DIY magic.** Author Annie Sloan presents projects in decor styles ranging from country and boho chic to modern

Annie Sloan sees endless

possibilities when it comes to using paint, which includes applying colourful strokes to a variety of surfaces — not just the walls.

In *Colour Recipes for Painted Furniture and More* (CICO Books), the U.K.-based Sloan brings her expertise in decorative painting to the forefront with 40 step-by-step projects, transforming pieces with an infusion of vibrant hues, some creativity and a little elbow grease.

With more than 40 years spent painting and numerous books on the subject to her credit, Sloan is also well known for creating Chalk Paint, a water-based decorative paint specifically designed for furniture but also applicable for use in paintings, on fabric, walls and floors.

From April to October of last year, Sloan set to work with the help of her team in refurbishing items — most of which were purchased at auctions and junk shops — as part of the renovation of her family farmhouse in northern France.

While the retreat is decorated predominate-



Sanded kitchen chairs from the Country Style chapter of the book *Colour Recipes for Painted Furniture and More*. ALL PHOTOS COURTESY OF CHRISTOPHER DRAKE

ly in French rustic style, chapters within *Colour Recipes* feature projects that showcase other design influences, including boho chic, country and modern contemporary. The book highlights smaller-scale efforts — like painting wall sconces and dyeing drapes — to larger projects, like fashioning a freestanding tub into a copper leaf bath.

For individuals struggling with paint colour selection, Sloan recommended keeping the room itself in neutral tones while opting for a few stronger hues as accents, like painted chairs or upholstered furniture.

"You could do the rooms in grey and black and white, possibly, with one red piece of furniture," she said in an interview following her recent appearance at the Fall Home Show in Toronto.

"When you say 'colourful' (people think) they're going to have to paint every room a different colour and every wall a different colour. No, not at all."

*Colour Recipes* features several examples of painted pieces as focal points within more muted surroundings.

In a room with white walls, a French Napoleonic bed is drenched in a rich green hue. The ornate laurel leaves and shield on the bed-head are given the gilded treatment with brass leaf.

Sloan goes even bolder with another bed featuring patterns she described as reminiscent of American abstract art in the 1960s. Chevron and circular shapes on the head and foot of the bed are painted in a number of striking shades — accenting the already boldly-hued orange that encompasses the entire piece.

"You don't go in that room and just go, 'Oh my God, it's so bright.' Because actually, it doesn't look it," Sloan said. "The walls are grey. ... Everything is soft. Just this (bed) and one chair and grey curtains as well. It's quite livable."

Sloan recommends scouting Pinterest for project inspiration. While individuals shouldn't "over-complicate themselves" while painting pieces, she suggested choosing to refurbish items that will make a true statement within the home.

"Do something like a cupboard, something that's going to make a difference, and take something that you've hated in your house for years — and you'll be thrilled," she said. "Something Granny left you or something you bought when you first got married and it was cheap and it's out of date."

"The best thing to do is go to garage sales — and people throw out amazing things — and have a go."

THE CANADIAN PRESS



# Fusilli or rotini? Shrimp and clams or halibut? Choose your ingredients

Seafood Tomato Sauce over Fusilli with Fennel



This recipe serves six. MARK SHAPIRO, FROM ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE)



**ROSE REISMAN**  
For more, visit  
rosereisman.com or  
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This hearty seafood sauce is perfect during the cooler months.

Fennel is outstanding in this dish. If it is unavailable, use 1/4 cup licorice liqueur or 1 tbsp fennel seeds. If the licorice taste is not desired, omit fennel and add 1 cup chopped leeks or onions.

Any combination of seafood can be substituted to make up the total amount.

Firm white fish fillets, such as halibut, snapper or haddock, can be substituted for seafood.

1. Cook the chopped fennel in boiling water for about 8 minutes, or just until barely tender. Drain and set aside.

2. Cook pasta of your choice in boiling water ac-

cording to package instructions or until firm to the bite. Drain and place in serving bowl.

3. In a large nonstick saucepan, heat the vegetable oil; sauté garlic, red onions, green peppers and fennel for 5 minutes. Add sliced mushrooms and cook for 5 minutes or just until mushrooms are no longer wet. Add crushed tomatoes,

stock, black olives, tomato paste, basil, oregano, bay leaf and cayenne. Simmer on medium-low heat for 15 minutes, stirring occasionally.

4. Add seafood. Cover and simmer for 3 minutes, or until mussels are open and seafood just cooked. Pour over pasta. **ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE) BY ROSE REISMAN**

## Ingredients

- 1 cup chopped fennel
- 12 oz fusilli or rotini
- 2 tsp vegetable oil
- 2 tsp crushed garlic
- 1 cup chopped red onions
- 1 cup chopped sweet green peppers
- 1 cup sliced mushrooms
- 2 cans (19 oz each) crushed tomatoes
- 1/2 cup fish or chicken stock
- 1/3 cup sliced black olives

- 1 tbsp tomato paste
- 2 tsp dried basil
- 1 tsp dried oregano
- 1 bay leaf
- Pinch cayenne
- 8 oz fresh mussels or clams
- 8 oz shrimp, peeled and deveined
- 8 oz squid, cleaned and sliced

# Just can't say goodbye to your grill? This one's for you

This Grilled Halibut, Asparagus and Chorizo with Arugula Pasta Sauce looks sophisticated but is deceptively easy to make.

1. Preheat your barbecue to medium-high heat.

2. In large bowl, gently toss together halibut, chorizo, asparagus, olive oil, lemon rind, basil, salt and pepper until combined. Pour pasta sauce into small saucepan; set aside.

3. Arrange halibut, chorizo and asparagus on grill, keeping each ingredient together. Cook chorizo and asparagus for 5 to 6 minutes, turning every minute, or until tender and slightly charred. Cook halibut for 6 to 8 minutes, turning once halfway, or until just cooked through.

4. Meanwhile, place saucepan with pasta sauce on stovetop over medium heat. Cook, stirring occasionally, 5 minutes or until heated through.

5. Spoon sauce into centre of two dinner plates. Arrange halibut, chorizo and asparagus over top. **PRESIDENT'S CHOICE**



This recipe serves two. **PRESIDENT'S CHOICE**

## Ingredients

- 2 pieces skinless boneless halibut (about 300 g total), cut 1 1/2-inches (4 cm) thick
- 3 oz (90 g) spicy cured chorizo sausage, cut diagonally in six 1/4-inch (5 mm) thick slices
- 10 thick asparagus spears, trimmed
- 4 tsp (20 ml) olive oil
- 1 tsp (5 ml) grated lemon rind
- 2 tbsp (25 ml) chopped fresh basil
- 1/4 tsp (1 ml) kosher salt
- 1/4 tsp (1 ml) cracked black pepper
- 1/2 cup (125 ml) PC Black Label Arugula Pasta Sauce

## Lunch. Baby Spinach, Tuna & White Bean Salad

1. In large bowl, toss together spinach, tomatoes, red peppers, kidney beans, tuna, 1/4 tsp (1 ml) of the salt, and pepper.

2. In small bowl, whisk vinegar and mustard; whisk in olive oil and remaining 1/4 tsp (1 ml) salt. Pour over tuna mixture; toss to coat. **PRESIDENT'S CHOICE**



## Ingredients

- 1 tub (142 g) PC Organics Baby Spinach
- 1 cup (250 ml) cherry tomatoes, halved
- 1 cup (250 ml) diced sweet red peppers
- 1 can (540 ml) white kidney beans, rinsed and drained
- 1 can (120 g) PC Solid White Tuna in Water, drained and flaked
- 1/2 tsp (2 ml) salt
- 1/4 tsp (1 ml) freshly ground black pepper
- 2 tbsp (25 ml) red wine vinegar
- 2 tsp (10 ml) Dijon mustard
- 1/4 cup (50 ml) olive oil

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metro

# HOME RENOS

Thursday, October 10, 2013



A renovation is an investment, and the decisions you make, large and small, will have an effect on the value, and your enjoyment, of your home for a long time. SYDA PRODUCTIONS/COLOURBOX

## The road to renovation success

Renovate with confidence — plan for success. The suggestions below, offered by the Canadian Renovators' Council of the Canadian Home Builders' Association, will set you well on your way to a home renovation that is done right.

### Know what you want

A renovation is an investment, and the decisions you make, large and small, will have an effect on the value, and your enjoyment, of your home for a long time. Take the time to

explore the possibilities and develop a detailed plan.

### Get professional advice

Renovation professionals have a wealth of experience and can advise you on budgets, work with you to develop the right design and help you choose appropriate products and materials. If you opt to do the design work as a separate first step, a designer can also prepare a firm plan for you to get bids for the actual work. Alternatively, you may wish to hire a

design/build renovator to look after all facets of your project.

### Set a realistic budget

The cost of finishing products varies tremendously. Special trades may be required for tasks such as rerouting plumbing and wiring. There may be costs for waste disposal. And so on.

### Set realistic time frames

Not surprisingly, homeowners can underestimate the time it takes to do a renovation, not

recognizing the number of steps involved in a project. For example, a simple bathroom makeover can take weeks since it involves many different tasks that must be done in the right order, and a number of different trades that must be co-ordinated.

### You can't rush quality

Discuss the timelines for your project with your renovator and any concerns you may have about the scheduling. Be prepared to accept that it may

take longer than you initially thought, to get the work done right and to your lasting satisfaction.

### Hire for value, not price

If you invite bids from a number of companies, it may be tempting to go for the lowest price, but you need to consider the implications. Does the renovator understand what's involved in the project? Will you get the quality you expect, or will the renovator cut corners to stay within the budget?

Will you be hit with extra charges for items that other contractors included in their bids? Sometimes the lowest price bid ends up costing the most.

### Be a knowledgeable client

It is your home, your project and your investment. It's vital that you are comfortable with the renovation process and understand what is going on. And never hesitate to ask questions or bring up any concern you may have.

CANADIAN HOME BUILDERS' ASSOCIATION

## Afraid of getting ripped off on your next renovation?

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The Nova Scotia Home Builders' Association is offering complimentary consumer protection sessions this month that will help answer your renovation questions.

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### Seminar Schedule Dates and Locations:

|             |                            |
|-------------|----------------------------|
| October 10: | Best Western, Bridgewater  |
| October 17: | Holiday Inn, Sydney        |
| October 21: | Old Orchard Inn, Wolfville |
| October 30: | Holiday Inn, Truro         |
| November 5: | NSHBA office, Halifax      |

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# Consider calling a professional first

JENNIFER  
TAPLIN  
For Metro

There comes a time, when staring at cracks in the dry-wall, to consider calling a professional rather than tempt a DIY disaster.

Handyman Redd Theriault said the Internet is a big reason why many people try

to tackle small renos themselves.

"The Internet is great, I love it, but unless you actually know what you're doing, watching it on YouTube is not the same as doing it," he said.

Homeowners should take stock of what they are capable of because, in the end, it just might end with a pro-

fessional ripping it all down and starting over.

Anything to do with plumbing, electrical or structural should be handled by a pro, said Richard Myshrall, with Halifax Handyman. Those tasks include safety concerns, code issues and details a homeowner has to disclose when selling the house.

"Anything that's struc-

tural or safety oriented you definitely want someone in," he said.

After the high-profile deck collapse in Dartmouth last month, many people are calling in a handyman to repair their decks.

Myshrall said there are many decks out there that were built to minimal standards several years ago.

"And when it comes to aesthetic things, do you really want to look at bad drywall repairs for the length you own your house? Everyone's tolerance is different, where some people can do things competently themselves and there's lots of information on the Internet."

Homeowners need to ask themselves a few questions

before they tackle any small reno, said Maurice Meagher, owner of Case Design and Remodelling.

"I think the biggest thing is, is it something they've done before? Do they have the skills, tools and time to do it? And is there going to be a compromise doing it yourself versus having a professional do it?"



A handyman can perform small or large tasks around the home for you.  
SYDA PRODUCTIONS/COLOURBOX

## Small tasks can pose problems

The smallest of jobs can be hanging a picture on the wall, but it's all in a day's work for handymen.

Richard Myshrall with Halifax Handyman said many of his clients are getting their houses ready for sale and have a "laundry list of small projects that the husband never got around to." These projects are usually painting, fixing trim work, drywall repair, holes in ceilings and walls, and small-scale flooring.

Many other clients have just moved in to a home and need blinds installed and pictures hung just right.

Standard fare for a handyman are tasks that take anywhere from half a day to half a week. But Myshrall said he will occasionally sign on for a job that will take more than a week.

Bifold doors, in particular, have supplied Myshrall with a lot of work.

"People hate bifold doors," Myshrall said. "The kids destroy them and they're tired of them falling off so they want them switched to a traditional out-swing or in-swing door."

For Maurice Meagher, owner of Case Design and Remodelling, small jobs come in two categories — cosmetic or maintenance and repair.

"Small jobs really hit every area of the house, but the bulk of the small jobs we get are a cosmetic thing," Meagher said.

His clients are usually moving or there is a change in the family, he said. Sometimes there is a baby on the way or someone is moving out. Sometimes it's just a case of a space in desperate need of updating.

Meagher said his smallest jobs include re-grouting tubs and showers, caulking, installing light fixtures, and hanging doors. JENNIFER TAPLIN



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# The right questions to ask a renovator

Getting the right contractor for your home renovation doesn't have to be difficult or complicated.

Once you have developed a list of potential candidates, cut it down to a manageable number for personal interviews. It's best to meet face to face in your home so the renovator can get a good first look.

The interview is your opportunity to get to know the renovator better and find out if the company would be suitable for your project. Below are suggested topics and questions to help you to make informed decisions about who to hire.

About the company ask: How long have they been in business? What's the renovator's background? Do they belong to the local homebuilders' association? A local trade or business organization?

About past and current projects ask: What's the company's focus and expertise? What's the range of projects they take on in terms of size, budget and type? How many projects do they work on at a time? What projects are they currently working on? Would you be able to visit one of their projects to see their work first-hand? Will they provide you with references to previous clients?

About the company's business practices ask: What services do they offer (e.g. energy assessment, design/build, assistance with product selections)? Do they provide written estimates and a written contract? Are they covered by workers' compensation?



An interview is your opportunity to get to know a renovator better and find out if the company would be suitable for your project. ISTOCK/THINKSTOCK

Are they insured for at least \$1 million? (Many carry \$2 million, or more.) Do they offer a warranty on their work? What does it cover, and for how long (look for a minimum of one year)?

About your project ask: What would they see as the next step in your project (e.g.

design, energy audit, estimate)? Do they have any initial thoughts about your project, or suggestions? How long would they think the work would take? When might they be able to give you an estimate and start work? What is their sense of the budget needed for your plan? Or, al-

ternatively, will the budget you have allocated be sufficient for your plans?

Once you have interviewed the renovators on your list, the next step is to ask for an estimate. You can ask every company to provide one if they all appeared suitable, or you can narrow it down to

one or two who seemed to stand out from the rest. Given that preparation of a detailed estimate involves time and expense for the contractors, there is little point in requesting an estimate from a contractor you have already decided against hiring.

CANADIAN HOME BUILDERS' ASSOCIATION

## 'Green' guide can help cut expenses

The Homeowners' Guide to Green Renovation brochure (available at chba.ca) helps you to think "green" when you plan to make changes to your home.

A green renovation will reduce your impact on the environment, and provide a more healthy and comfortable living space for you and your family, as well as lower monthly operating costs and increased value.

The brochure is a good starting point for your project. It outlines the three steps to greening your renovation plan: Increasing the energy and water efficiency of your home; ensuring clean indoor air; and choosing resource-smart materials and products.

By far the most important step is saving energy and water. Decisions you make today will have a big impact on the environment, and your wallet, for many years to come.

Renovation is also the perfect opportunity to improve the quality of the air in your home and protect your family's health, and your home itself, from mould, chemicals and other pollutants.

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# Design. Create a harmonious environment

Good design is an integral part of a successful renovation. It adds to the functionality of your home, increases your enjoyment, and gives you the best value for your investment. In other words, design can make a big difference.

The aim of good design is to create a harmonious environment of practical, common sense elements that

enhance your life — a living environment that looks, feels and works well.

It always begins with function. Only when the function of a room has been clearly defined, can you begin to develop the space. That's why designers will often ask homeowners to spend time thinking through, sometimes in minute detail, how they use or wish to use a specific area.

This is particularly important for a kitchen renovation to ensure the proper configuration of working and storage areas, lighting, and so on.

It is helpful to define your style right at the start. For instance, are you traditional, French country, urban chic or something else? You may not have a label for your own style, but what are your preferences? Before consulting

with professionals, create a portfolio of designs, products and materials that you like — photos, brochures, samples, etc. This will help both you and them to zero in on the right style and details.

Every project is different, but renovation experts agree there are a number of design considerations that apply generally to renovations.

- Room sizing. Draw your fur-

niture (scaled proportionately) right on the plan — does the room seem too crowded now?

- Traffic flow. How does your family move around in the house, in and out of rooms, from one area to another? Are there awkward or "dead" areas?

- Lighting. Lighting plays a big role in setting the mood in your home and accenting

features of a room. Use a combination of fixtures to create different effects — pot lights, wall sconces, chandeliers.

To get the best out of your design, think through all other elements of your renovation, from windows and doors to stairs and railings. Always consider function, style, placement and compatibility with surroundings.

CANADIAN HOME BUILDERS' ASSOCIATION



Renovations, such as painting, are an opportunity to protect your investment and enhance the value of your home. VIACHESLAV/COLOURBOX

## Enhance value of your home

Your home is likely the most valuable asset you own. Your decision to renovate it may be driven by your lifestyle and a personal desire to upgrade. At the same time, renovation is an opportunity to protect your investment and enhance the value of your home.

First, to protect your asset, start with the basics.

Ongoing maintenance prevents the deterioration of a home and its value. As part of your renovation planning, do a thorough inspection of your home or hire someone to do it.

General wear and tear is often inexpensive to deal with, but can make a big difference to the appearance and appeal of your home. Components, from roofing shingles to furnaces, must be replaced at the end of their lifespan.

It's crucial to eliminate problems that can damage your home. Moisture problems, for instance, that can also be detrimental to your health, should be dealt with before or at the same time as your renovation, not postponed to later. Cracks in the foundation or brick walls,

loose siding, missing mortar, sagging floors or other issues that have developed over time should be attended to, before they create more serious problems.

Next, there are a number of ways you can maximize the value of your renovation investment.

Increasing the energy- and water-use efficiency of your home has both immediate and long-term payoffs. You will start saving money on your utility bills as soon as the new systems have been installed, while federal and/or provincial grants may help to offset your cost.

While taste is personal, a well-designed renovation will add greater appeal and value to your home. Spatial considerations are key — layout, traffic flow, visual flow from one area to another, size of rooms and ease of furnishing them, tying new construction seamlessly with the existing home, and so on. Trends come and go — you may want to choose features and finishings with lasting appeal, instead of the latest, hottest items.

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# Cost depends on project

Small projects quite often fall between the cracks.

Richard Myshrall, with Halifax Handyman and a homeowner himself who used to work in an office, found it difficult to find someone to do those small jobs.

"Where I found a niche for this is I was having a hard time finding someone to do the smaller things," he said. "It's always a problem be-

cause in the trades the focus is on the bigger jobs."

He charges \$60 per hour with a minimum \$150. He said a typical invoice is about \$600 for a day's labour and materials.

"The other thing is the guys who do the small things like I do often don't have websites and they don't look credible and so perhaps it's just harder to find somebody," he said.

Handyman Redd Theriault said the small jobs lead to big ones, but 100 small jobs can also add up to a tidy profit.

Project costs depend on the client, Theriault said.

"I can give you a prime example — I'm working on a bathroom now and \$5,000 is what the homeowner is going to pay, but I did a bathroom a month ago that cost the homeowner \$15,000."

JENNIFER TAPLIN



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There are several projects homeowners can do themselves or hire a handyman to finish off to get your property ready for sale. SYDA PRODUCTIONS/COLOURBOX

# Curb appeal is essential

JENNIFER TAPLIN  
For Metro

Pros agree there is one area of the home that needs to be fixed up before a "for sale" sign is planted in the yard.

"Exterior of the home is the first impression on a buyer," said handyman Redd Theriault.

But the good news is getting a property ready for sale doesn't mean a big, costly renovation. There are several projects homeowners can do themselves or hire a handyman to finish off.

Groundskeeping, tidying the lawn, cleaning out the gutters, and sweeping off the steps are the big ones — and never underestimate

the power of a few coats of paint. It's important to give the prospective homebuyer a good feeling about the house before they reach the foyer, Theriault said.

"The outside of the home is not that expensive to upkeep," he said. "Usually, most houses have siding and most of the time it's a bit of paint or a pressure wash, (or) cleaning gutters. It's not like you're gutting the insides and spending thousands and thousands of dollars."

Maurice Meagher, owner of Case Design and Remodeling, agrees that curb appeal is essential. Dated homes can turn people off before they get in the door. For a quick and profitable sale, Meagher recommended an updated

kitchen, remodelled bathrooms, and plenty of outdoor living space.

Brighter and lighter is also a must, he said.

For handyman Richard Myshrall, the most important first impression area of the house is the entryway. He recommends fixing up the front entrance, the stairs, and giving the front door a fresh coat of paint. Make sure there are no signs of rot on the front stairs, he added.

"The things you see when you're standing upright at eye level, those are the surfaces you want to be as good as possible," Myshrall said.

"A fresh coat of paint can really change the feeling of a whole area, especially the entry area."



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Football

## Huskies focus on discipline as they close in on playoffs

With a win this weekend, the 3-2 Saint Mary's Huskies can clinch a playoff berth.

SMU's preparing to face the 2-3 Acadia Axemen for the second time in as many weekends at Raymond Field on Friday at 7 p.m.

Though the Huskies defeated their provincial rivals 17-10 at home, it was a largely sloppy affair.

The Huskies sacrificed 186 yards on 19 penalties. This time around, Saint Mary's coach Perry Marchese will be preaching discipline.

"Penalties, maintaining drives on offence, staying focused throughout the whole game and playing a complete game," said Marchese about his team's focus for Friday's matchup.

"We have gotten better every week on offence and hope to do the same this week."

The Huskies defence has remained rock solid so far this season. Led by Rob Jubenville's league leading nine sacks, the Huskies unit have allowed the least amount of rushing yards per game (83.2) and the second least amount of passing yards (180.4) in the league.

Jack Creighton will start again for the Huskies. Against the Axemen last week, he completed nine of 17 attempts, passing for 121 yards, including a critical 15-yard touchdown completion to Matt Magee to give the Huskies a 17-15 lead with 13:12 in regulation time.

ANDREW RANKIN/METRO

# Host squads drop openers at nationals

**Soccer.** Halifax Dunbrack's men's and women's squads had no answer for speed and skill of Quebec rivals



ANDREW RANKIN

andrew.rankin@metronews.ca

Gary Carter didn't mince words about Halifax Dunbrack's performance in a 4-0 loss to start the Canadian women's senior soccer championship on Wednesday at Mainland Common field.

"That was probably the worst game I've seen this team play in three years," said the squad's coach. "It was so far away from our game. We started out nervous, playing this kick-and-run stuff. They never let us get back on our game, good on them. But now we're going to have to get back to playing some proper football."

Facing Quebec's Royal Select Beauport, the hometown squad was simply overwhelmed by their opponent's speed and skill.

"It's a disappointing loss for sure," said Dunbrack's star striker Leanne Huck. "Quebec played well; they played aggressive. They were winning the second ball and they shot really well. Not to mention, they were very, very fast."

### Wake-up call

"We have to do everything better, to be honest."

Halifax Dunbrack midfielder Derek Gaudet



Halifax Dunbrack's Derek Gaudet, right, tries to get past Royal Select Beauport's Michel Mananga during men's senior soccer championship action on the Mainland Common Thursday. JEFF HARPER/METRO

But for Huck, there was no time to dwell in a six-day tournament.

"We have three more games and we have to win the next three to move on."

Genevieve Marcotte, Marie-Sandra Vienza, Rachel Collard and Laurie Couture-Dallaire each scored for Quebec.

Dunbrack's next opponent comes against the Northwest

Territories at Mainland Common on Thursday at 6 p.m.

Meanwhile on the adjoining pitch Wednesday night, the Halifax Dunbrack's men's squad opened their national championship quest with a 3-1 loss to the defending champions Royal Select Beauport.

After falling into a 2-0 hole, Dunbrack cut the deficit in half on a beautiful strike by James Nearing. But Quebec proved simply too good.

"Honestly, they're just a really good squad," said Nearing. "They moved around

well, they're really fit. They're all great players. But we gave up two weak goals and we could have done better."

Augustin Mangaiko, Samuel Georget and Patrice Dion rounded out the scoring for Quebec.

Dunbrack will try to rebound against Newfoundland at Mainland Common on Thursday at 6:30 p.m.

Halifax City, the other Nova Scotia men's team, will open their tournament against the Northwest Territories at Mainland Common on Thursday at 12:30 p.m.

# 4 SPORTS

TOP SIX @ 6  
Weeknights at 6 KB counts down the HOTTEST songs of the day

- 6 Lorde Royals
- 5 Hedley Anything
- 4 Macklemore & Ryan Lewis White Walls
- 3 Drake Hold On, We're Going Home
- 2 Katy Perry Roar
- 1 Miley Cyrus Wrecking Ball

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The Cardinals celebrate Wednesday's win in St. Louis. ELSA/GETTY IMAGES

# Cardinals crush Pirates' playoff dream in Game 5

**MLB.** St. Louis moves on to face Dodgers in thanks to Wainwright's clutch performance

Nobody's better than the St. Louis Cardinals when they can't afford to lose.

Adam Wainwright went all the way on the mound and St. Louis got two-run homers from David Freese and Matt Adams to beat the Pittsburgh Pirates 6-1 Wednesday night, advancing to the NL championship series for the third straight season.

Wainwright scattered eight hits in his second dominant

Game 5

6

Cardinals

1

Pirates

win of the division series, coming through for the Cardinals in a winner-take-all Game 5. St. Louis gets to stay at home to open the NLCS against the well-rested Los Angeles Dodgers on Friday night.

"I wanted it bad. It's probably the most nervous I've ever been," Wainwright said. "I don't get a whole lot of nerves

when I pitch. Before I pitched today, I was pretty nervous."

By ending Pittsburgh's storybook season, the Cardinals improved to 8-1 when facing post-season elimination the past three years. They also won Game 5 of the NL division series in Washington last year — even though Wainwright got rocked — and at Philadelphia in 2011.

Freese homered in the second inning off rookie Gerrit Cole, and Adams connected in the eighth against reliever Mark Melancon to make it 5-1. Pete Kozma added an RBI infield single, and Wainwright finished it off by striking out Pedro Alvarez with two on.

**THE ASSOCIATED PRESS**

## NCAA. Kansas freshman Wiggins to grace SI cover

Canadian basketball player and top prospect Andrew Wiggins appears on the cover of this week's Sports Illustrated.

The six-foot-eight, 200-pound Kansas freshman is expected to go first overall in the 2014 NBA draft.

Wiggins, from Vaughan, Ont., is wearing his No. 22 Jayhawks jersey on the cover.

The story compares his arrival at the school to the arrival of former Kansas stars Wilt Chamberlain and Danny Manning.

**THE CANADIAN PRESS**



Canadian Andrew Wiggins

TORSTAR NEWS SERVICE FILE

## MLB. Verlander gets nod for Tigers in Game 5

These decisive Game 5s sure are becoming familiar for Justin Verlander.

Just like last October in Oakland, the Tigers have been pushed to a winner-take-all fifth game in their AL division series against the Athletics. And Detroit will have Verlander on the mound again Thursday night after he pitched a four-hit shutout in the 2012 clincher.

"Well, you don't pretend.

### Quoted

**"He's been beaten before, it can happen again."**

A's third baseman Josh Donaldson, on facing Detroit Tigers ace Justin Verlander in Game 5.

It's not just another game," Verlander said after the Tigers evened the series with an 8-6 win Tuesday at Comerica Park. "The season is on the line. It

was on the line for us tonight, too. This whole season, the way we battled and played as a team, comes down to one game, may the best team win. You can't treat it just like another game. It's a little bit different. There is more to it."

The A's will counter with Sonny Gray against Verlander. The A's won Saturday 1-0 with Gray on the mound versus Verlander.

**THE ASSOCIATED PRESS**

### Drug issues

## Russian doping violations on the rise ahead of Sochi

Russia's national anti-doping agency says the number of doping violations by Russian athletes has more than doubled this year.

RUSADA said in Wednesday's statement that more than 88 athletes have been punished for different violations and more than 80 other cases are still under investigation or awaiting decision. **THE ASSOCIATED PRESS**

### IndyCar

## Franchitti crash thrusts Tagliani into Fontana

Alex Tagliani will replace three-time Indianapolis 500 winner Dario Franchitti in the Oct. 19 season-ending IndyCar race at Fontana.

Franchitti remains hospitalized with two fractured vertebrae, a broken ankle and a concussion suffered in a last-lap accident Sunday at the Grand Prix of Houston.

**THE ASSOCIATED PRESS**

### NHL

## Monahan shines for Flames

Rookie forward Sean Monahan had a goal and an assist and goalie Joey MacDonald stopped 33 shots he faced to lead the Calgary Flames to a 3-2 win over the Montreal Canadiens on Wednesday.

The 18-year-old Monahan has scored in three straight games and is tied at five points for the team scoring lead with Jiri Hudler.

**THE CANADIAN PRESS**

### NHL

## EASTERN CONFERENCE

### ATLANTIC DIVISION

|           | GP | W | L | OL | GF | GA | Pt |
|-----------|----|---|---|----|----|----|----|
| Toronto   | 4  | 3 | 1 | 0  | 13 | 10 | 6  |
| Boston    | 2  | 2 | 0 | 0  | 7  | 2  | 4  |
| Detroit   | 3  | 2 | 1 | 0  | 6  | 7  | 4  |
| Tampa Bay | 3  | 2 | 1 | 0  | 7  | 7  | 4  |
| Ottawa    | 2  | 1 | 0 | 1  | 5  | 5  | 3  |
| Montreal  | 3  | 1 | 2 | 0  | 9  | 8  | 2  |
| Florida   | 3  | 1 | 2 | 0  | 5  | 11 | 2  |
| Buffalo   | 4  | 0 | 3 | 1  | 4  | 10 | 1  |

### METROPOLITAN DIVISION

|              | GP | W | L | OL | GF | GA | Pt |
|--------------|----|---|---|----|----|----|----|
| Pittsburgh   | 3  | 3 | 0 | 0  | 12 | 3  | 6  |
| NY Islanders | 3  | 2 | 0 | 1  | 12 | 7  | 5  |
| Carolina     | 3  | 1 | 1 | 1  | 6  | 9  | 3  |
| New Jersey   | 4  | 0 | 1 | 3  | 9  | 15 | 3  |
| Columbus     | 2  | 1 | 1 | 0  | 6  | 6  | 2  |
| NY Rangers   | 3  | 1 | 2 | 0  | 6  | 14 | 2  |
| Washington   | 3  | 1 | 2 | 0  | 10 | 12 | 2  |
| Philadelphia | 4  | 1 | 3 | 0  | 5  | 10 | 2  |

### Wednesday's results

Calgary 3 Montreal 2  
St. Louis 3 Chicago 2  
Ottawa at Los Angeles

### Tuesday's results

Colorado 2 Toronto 1  
NY Islanders 6 Phoenix 1  
Philadelphia 2 Florida 1  
Pittsburgh 5 Carolina 2  
Tampa Bay 3 Buffalo 2 (OT)  
Nashville 3 Minnesota 2  
Vancouver 3 New Jersey 2 (OT)  
San Jose 9 NY Rangers 2

## MLB PLAYOFFS

### A.L. DIVISION SERIES

(Best-of-5; x — played only if necessary)

### BOSTON (1) VS. TAMPA BAY (6)

(Boston wins series 3-1)

### Tuesday's result

Boston 3 Tampa Bay 1

### OAKLAND (2) VS. DETROIT (3)

(Series tied 2-2)

### Tuesday's result

Detroit 8 Oakland 6

### Thursday's game

Detroit (Scherzer 21-3) at Oakland (Colon 18-6), 9:07 p.m.

## WESTERN CONFERENCE

### CENTRAL DIVISION

|           | GP | W | L | OL | GF | GA | Pt |
|-----------|----|---|---|----|----|----|----|
| St. Louis | 3  | 3 | 0 | 0  | 14 | 4  | 6  |
| Colorado  | 3  | 3 | 0 | 0  | 11 | 3  | 6  |
| Winnipeg  | 3  | 2 | 1 | 0  | 12 | 10 | 4  |
| Chicago   | 3  | 1 | 1 | 1  | 10 | 10 | 3  |
| Dallas    | 2  | 1 | 1 | 0  | 4  | 5  | 2  |
| Nashville | 3  | 1 | 2 | 0  | 6  | 9  | 2  |
| Minnesota | 3  | 0 | 1 | 2  | 7  | 10 | 2  |

### PACIFIC DIVISION

|             | GP | W | L | OL | GF | GA | Pt |
|-------------|----|---|---|----|----|----|----|
| San Jose    | 3  | 3 | 0 | 0  | 17 | 4  | 6  |
| Vancouver   | 4  | 3 | 1 | 0  | 15 | 12 | 6  |
| Calgary     | 4  | 2 | 0 | 2  | 15 | 15 | 6  |
| Anaheim     | 3  | 2 | 1 | 0  | 8  | 11 | 4  |
| Phoenix     | 3  | 1 | 2 | 0  | 6  | 11 | 2  |
| Los Angeles | 3  | 1 | 2 | 0  | 7  | 10 | 2  |
| Edmonton    | 3  | 1 | 2 | 0  | 11 | 15 | 2  |

**Note:** Two points for a win, one point for overtime loss.

### Thursday's games

### All Times Eastern

Colorado at Boston, 7 p.m.  
Columbus at Buffalo, 7 p.m.  
Carolina at Washington, 7 p.m.  
Phoenix at Detroit, 7:30 p.m.  
Florida at Tampa Bay, 7:30 p.m.  
Toronto at Nashville, 8 p.m.  
Winnipeg at Minnesota, 8 p.m.  
Montreal at Edmonton, 9:30 p.m.  
NY Rangers at Anaheim, 10 p.m.  
San Jose at Vancouver, 10 p.m.

## N.L. DIVISION SERIES

### ST. LOUIS (1) VS. PITTSBURGH (4)

(St. Louis wins series 3-2)

### Wednesday's result

St. Louis 6 Pittsburgh 1

### Monday's result

St. Louis 2 Pittsburgh 1

### ATLANTA (2) VS. L.A. DODGERS (3)

(Los Angeles Dodgers wins series 3-1)

### Monday's result

L.A. Dodgers 4 Atlanta 3

### CFL

## WEEK 16

### EAST

|            | GP | W | L  | T | PF  | PA  | Pt |
|------------|----|---|----|---|-----|-----|----|
| x-Toronto  | 14 | 9 | 5  | 0 | 407 | 370 | 18 |
| x-Hamilton | 14 | 7 | 7  | 0 | 360 | 383 | 14 |
| Montreal   | 14 | 6 | 8  | 0 | 349 | 385 | 12 |
| Winnipeg   | 14 | 2 | 12 | 0 | 279 | 459 | 4  |

### WEST

|                | GP | W  | L  | T | PF  | PA  | Pt |
|----------------|----|----|----|---|-----|-----|----|
| x-Calgary      | 14 | 11 | 3  | 0 | 446 | 323 | 22 |
| x-Saskatchewan | 14 | 9  | 5  | 0 | 419 | 316 | 18 |
| x-B.C.         | 14 | 9  | 5  | 0 | 395 | 350 | 18 |
| Edmonton       | 14 | 3  | 11 | 0 | 340 | 409 | 6  |

x — clinched playoff berth.  
**Friday's game — All Times Eastern**  
B.C. at Calgary, 9 p.m.

### Saturday's game

Edmonton at Saskatchewan, 4:30 p.m.

### Monday, Oct. 14

Winnipeg at Montreal, 1 p.m.

Toronto vs. Hamilton (at Guelph), 4:30 p.m.

### NFL

## WEEK SIX

### Thursday's game — All Times Eastern

N.Y. Giants at Chicago, 8:25 p.m.

### Sunday's games

Detroit at Cleveland, 1 p.m.  
Green Bay at Baltimore, 1 p.m.  
St. Louis at Houston, 1 p.m.  
Cincinnati at Buffalo, 1 p.m.  
Pittsburgh at N.Y. Jets, 1 p.m.  
Philadelphia at Tampa Bay, 1 p.m.  
Carolina at Minnesota, 1 p.m.  
Oakland at Kansas City, 1 p.m.  
Tennessee at Seattle, 4:05 p.m.  
Jacksonville at Denver, 4:05 p.m.  
New Orleans at New England, 4:25 p.m.  
Arizona at San Francisco, 4:25 p.m.  
Washington at Dallas, 8:30 p.m.  
**Monday, Oct. 14**  
Indianapolis at San Diego, 8:40 p.m.

### MLS

### Wednesday's results

Kansas City at Houston

Vancouver at Seattle

Colorado at San Jose

### Saturday's games

New England at Montreal, 2:30 p.m.

Philadelphia at D.C., 7 p.m.

Chicago at FC Dallas, 8:30 p.m.

**Sunday's game —** Seattle at Portland, 9 p.m.

### Redskins debate



**"The name was never a label. It was, and continues to be, a badge of honour."**

Washington Redskins owner Dan Snyder says respect goes both ways when it comes to the debate over the team's nickname. The man who ultimately gets to decide whether the name stays or goes offered his thoughts on the matter Tuesday in a letter to season-ticket holders, the first time he has addressed at length the change-the-name campaign that has picked up momentum this year. The tone of the letter suggests that no change is under consideration.



## Horoscopes

### ♈ Aries

March 21 - April 20

The planets warn someone you will try to take advantage of you. They will only succeed if you can't be bothered to stop them. Sometimes you can be too easygoing.

### ♉ Taurus

April 21 - May 21

If you are looking for an honest opinion from your friends, you won't get it. You will though get flattery by the bucket load, so try to keep in touch with reality. Take what others tell you with a large pinch of salt.

### ♊ Gemini

May 22 - June 21

The spotlight will shine on areas of your life that maybe you would prefer to keep under wraps. Don't kick up a fuss or your enemies will realize they have touched a nerve and won't ever leave you alone.

### ♋ Cancer

June 22 - July 23

You are in a restless mood today but it's highly unlikely you will be in the same place tomorrow. Get away from your usual surroundings. It will do you a world of good.

### ♌ Leo

July 24 - Aug. 23

A combination of Venus and Neptune will bring your humanitarian instincts to the fore today. But be careful who you give money to as not everyone will deserve it.

### ♍ Virgo

Aug. 24 - Sept. 23

You may find it hard to explain how you feel today but that's OK. Those who count the most will recognize the signs and give you the love and support you so clearly need.

### ♎ Libra

Sept. 24 - Oct. 23

Do you control your desires or do you indulge them to the full? Only you can decide. But if you play safe, you will most like regret it. Life is for laughing and loving, so don't be scared to take chances.

### ♏ Scorpio

Oct. 24 - Nov. 22

Today's influences may take away your energy, at least for a while, but that may be no bad thing. Sometimes it's good to step back from the hustle and bustle of life and refocus.

### ♐ Sagittarius

Nov. 23 - Dec. 21

Take your pleasures where you find them today — and you will find them in every direction. Most likely you will get the greatest satisfaction from being with your family.

### ♑ Capricorn

Dec. 22 - Jan. 20

You seem to be worrying that your life is going too well and something is sure to go wrong in a big way very soon. That's typical Capricorn negative thinking but, you are wrong.

### ♒ Aquarius

Jan. 21 - Feb. 19

It's not like you to worry about issues that you have no way of controlling, so snap out of the funk you have fallen into and get your mood back up there in the clouds. Life is supposed to be fun — remember?

### ♓ Pisces

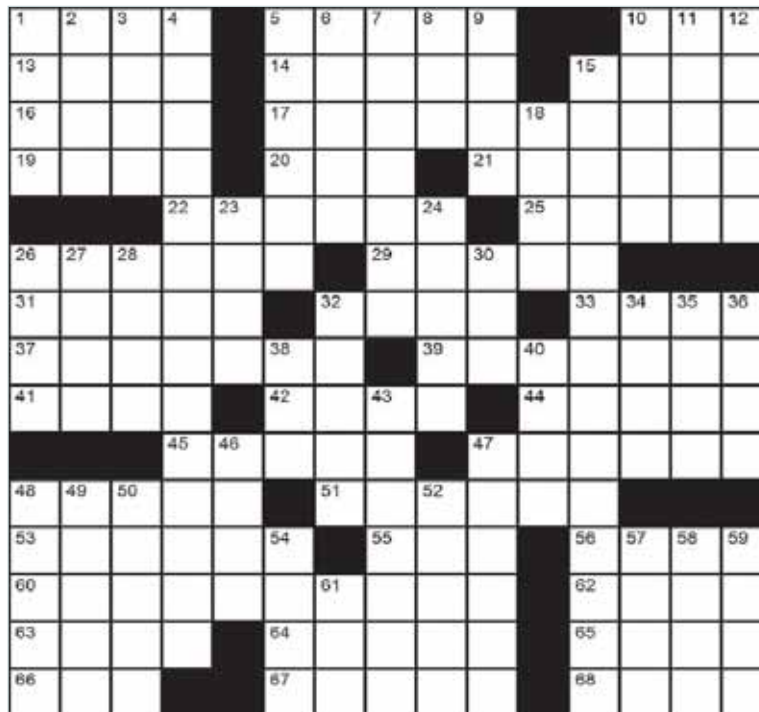
Feb. 20 - March 20

This may be a restless day for you but that's OK. In fact, the more you and move around, the more fun you will have — and the more money-making opportunities you are likely to attract. **SALLY BROMPTON**

## Crossword: Canada Across and Down

### Across

- On \_\_\_ (Without a contract)
- "The \_\_\_ Estate" on CBC
- Person's size stat.
- Curved shape
- Hit \_\_\_ spot
- Cut back
- Ms. Ephron
- Hit for Canadian band Sweeney Todd: 2 wds.
- Made, like wool
- Old English letter
- CBC's "Battle of the \_\_\_"
- 1992 Barenaked Ladies album
- "Take \_\_\_ day at a time."
- Improvises
- Sketch's Mr. Michaels
- Prefix meaning 'Nose'
- Head of France?
- Garnish
- BBC Canada motoring program: 2 wds.
- Whale: French
- Absentee soldier stat.
- Headquarters
- It's short for 'low budget'
- Era
- Breathable fabric
- Deadly
- Dance music style
- Onze: English
- Geddy of Rush



- Where Neil Armstrong worked
- Old West saloon brawl weapon: 2 wds.
- Particular
- Mark Twain story, \_\_\_ Diary
- Six-stringed instruments
- "We want you here!"
- Soak flax
- Rile
- Twirl

### Down

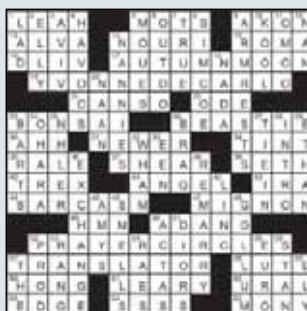
- Without
- \_\_\_ up (Support)
- Almond shade

- Spectacular signs of the season: 2 wds.
- Sea travellers
- "That \_\_\_, I could have sworn that..."
- Battlefield shelter
- Attempt
- Cilantro, for one
- Writer, Ralph \_\_\_ Emerson (b.1803 -

- d.1882)
- PEI, The \_\_\_ Province
- Succinct
- What caused Pangaea to break apart?: 2 wds.
- Ken of "thirty-something"
- Instrument for the

- Duck in Sergei Prokofiev's symphonic fairytale Peter and the Wolf
- "That might \_\_\_ such a bad idea..."
  - "Thou \_\_\_ lady." - King Lear
  - Red Sea sailing vessel
  - Fat-sucking oper.
  - Mens \_\_\_ (Criminal intent, in law)
  - Stretch of land
  - Carouse
  - Quickly, \_\_\_ time at all
  - "You're putting \_\_\_, right?!"
  - Blood-typing letters
  - Novelist Mr. Uris
  - Coach on "The Voice", Blake \_\_\_
  - Common people member, briefly
  - Cornball
  - Not as many
  - Hit for Canadian singer Edwin
  - Dogma
  - Sit-and-play instrument
  - 'N' of NS
  - On
  - \_\_\_-sweet chocolate
  - Sherman Hemsley comedy of 1986 to 1991
  - Pantry container

## Yesterday's Crossword



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



**Today**

18°/8°  
Sunny

**Friday**

18°/5°  
Partly cloudy

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